

## Introduction

Thank you for your interest in representing the United States and USA Ultimate at the 2019 World U-24 Ultimate Championships. This application includes information for players (and parents, as applicable), information about how to apply and the application itself.

### WHO IS ELIGIBLE TO APPLY?

Players eligible to represent the United States and USA Ultimate on the U-24 National Team must meet the following criteria:

- A) Be U.S. citizens or have lived in the U.S. for over 2 years;
- B) Will be current, 2018 and 2019, USA Ultimate members;
- C) Must not turn twenty-four (24) years old before January 1, 2020 (born in 1996 or later);
- D) Have parent/guardian permission (if under 20);
- E) Will agree to abide by the team code of conduct;
- F) Will respect the decisions of the selection committee;
- G) Will be able to attend all training weekends, training camp and the trip to the world championship event.

### HOW MANY PLAYERS WILL BE CHOSEN FOR THE U.S. TEAMS?

Coaches will determine the number of players on each team. In the past, 22-28 players have been on each team.

### TIMELINE

**August 12, 2018 (11:59 PM MT): Application and recommendation due**

**1st or 2nd week of September 2018: Applicants invited to tryout camps\***

**October 1, 2018: First round of players invited to tryout camp must confirm attendance and pay tryout camp fees**

\*Applicants not initially selected for an invitation will be placed on a wait list. Applicants may be invited to participate in a tryout off of the wait list at any time until the tryouts begin. If players are selected from the wait list, USA Ultimate will determine a reasonable payment and confirmation deadline at the time such player has received an invitation.

**November 3-4, 2018, November 10-11, 2018 or November 16-17, 2018: West coast tryout camp (Location TBD)**

**November 3-4, 2018, November 10-11, 2018 or November 16-17, 2018: East coast tryout camp (Location TBD)**

As soon as final decisions are made regarding the exact tryout dates and locations information will be made publicly available.

**December 2018 / January 2019: Announcement of team rosters**  
**February 2019: Confirmation documents and first team fee installment due**  
**June 2019: Training weekend**  
**June 2019: Final team fee installment due**  
**July 2019 Training camp (approximately one week prior to event and may take place in the United States or in Europe)**  
**July 13-20, 2019: U-24 World Championships (Heidelberg, GER)**

#### **HOW MUCH WILL IT COST?**

**Please know that there is significant expense required for participation. As a non-profit organization, USA Ultimate is interested in attracting sponsorships and grants to support our national teams. However, until this happens, players must bear most costs themselves. The final costs are still being determined, but estimated costs include the following (all costs listed below are approximations only).**

#### **Costs for tryout camps:**

**USA Ultimate membership dues: \$57.50**

**Tryout camp fee: Approximately \$150**

**Travel: Cost of travel + room/board for tryout camps.**

#### **Costs for USA Ultimate National Team membership:**

**\$3000-\$4000 (approximate total, includes travel, room and board to any training weekends, travel to and from event and training camp, and room and board at the event and training camp).**

**For questions about financing of payment schedules, contact [julia@hq.usultimate.org](mailto:julia@hq.usultimate.org)**

\* 1. By selecting "Yes" below, should you be selected to attend tryouts and subsequently selected to be a member of a 2019 USA U-24 National Team, you understand and agree to fulfill the requirements and responsibilities of your membership on the team for the duration of your involvement on this team, from the date of your acceptance of team membership until you are released by your coach and the USA Ultimate Team Leader. BEFORE YOU CONSIDER APPLYING FOR THIS TEAM, it is important to fully understand and agree that participation on this team must take precedence over any and all other personal, professional, athletic and educational obligations. Please note that incomplete applications will NOT be considered.

Yes

No

\* 2. Please also sign the box below to indicate that you fully understand and agree to the requirements outlined above. (First and last name. Please no nicknames).

### \* 3. HOW WILL THE TEAMS BE SELECTED?

The coaches of the U-24 teams will select the team based on the application, recommendation and 2018 tryout camps. Coaches will consider the following criteria:

- Capacity for responsible behavior
- Technical skill (throwing, catching, running, cutting, defense, offense)
- Knowledge of Ultimate (Spirit of the Game, on-field communication/terminology, offensive & defensive strategy)
- Athletic ability (speed, field sense, sports experience, training program)
- Teamwork
- Leader potential/coachability
- Follower potential (extremely important)
- Geographic representation
- Commitment to USA Ultimate National Team training (Players will do everything in their power to reach their peak of health and conditioning in time for the world championship tournament. To this end, they commit to follow the training programs provided by the coaches and to prioritize the USA Ultimate National Team above all other personal, professional, athletic and recreational commitments.)

Tryout camp information:

USA Ultimate will hold two tryout camps on the following dates:

November 3-4, 2018, November 10-11, 2018, or November 17-18, 2018: West Coast Tryout Camp  
(Location TBD)

November 3-4, 2018, November 10-11, 2018, or November 17-18, 2018: East Coast Tryout Camp  
(Location TBD)

The locations of the camps are still being determined. The camps will be run by the U-24 National Team coaches, the Manager of Competition & Athlete Programs and other talent scouts. The camps will run from 8am-5pm on Saturday and 8-3 on Sunday. The camp fee will include instructor and field fees, lunch, water and snacks. Camp attendees will be responsible for transportation to and from the camps, room and board, and chaperones (if necessary).

The camps' primary focus will be to evaluate players for team selection. The format of the camp will be designed to assess the attendees on the criteria listed above. Activities will include drills, scrimmages and tests of physical fitness, as well as opportunities to demonstrate teamwork with and a willingness to learn from other tryouts, coaches and USAU personnel. Attendees will be taught advanced skills, strategies and concepts as well.

The number of applicants of each gender invited to attend each tryout camp will be determined by the coaches.

I have read and understand the above and agree to abide by the decisions of the coaching staff(s) and USA Ultimate.

Yes

No

## Basic Information

**This set of questions will provide basic information regarding your background and contact information.**

\* 4. Name

5. Nickname or preferred name, if not your first name

\* 6. Gender

Male

Female

\* 7. Birthdate (MM/DD/YYYY)

\* 8. How old will you be on January 1, 2020?

\* 9. USA Ultimate ID#

\* 10. Contact Information:

**Current Address:**

**City/Town:**

**State:**

**ZIP:**

**Email Address:**

**Phone Number:**

**11. Permanent Address (if different from current address)**

Same as Current Address

Other (please specify)

**\* 12. Height (# #")**

**13. Weight (lbs)**

**\* 14. Dominant Throwing Hand**

Left

Right

**15. Current School (if applicable)**

## Participation Information

**This section will ask questions about your ability to participate in the tryout process as well as the team itself.**

\* 16. Can you afford the costs involved? (See info page.)

Yes

No

17. If you are under 20, do you have parent/guardian permission to participate on the team?

Yes

No

\* 18. I am trying out for the following teams:

Men's

Mixed

Women's

\* 19. Are you able to attend one of the two tryout camps?

Yes

No

## Tryout Video

**USA Ultimate recognizes that there may be extraordinary circumstances where applicants selected for a tryout are unable to attend the tryout camps. If this is the case, to be considered for the U.S. National Team, it is required that you submit a video. Please contact Tom Manewitz, Manager of Competition & Athlete Programs ([tom.manewitz@hq.usultimate.org](mailto:tom.manewitz@hq.usultimate.org)) to discuss your situation if you have been invited but cannot attend the tryout camps and wish to develop a video for submission.**

20. Do you understand this, and will you be able to provide the aforementioned video?

Yes

No

## Tryout Camp Information

\* 21. Which camp would you prefer to attend?

- East (only)
- West (only)
- Either (Prefer East)
- Either (Prefer West)

## Ultimate Background

**This section will ask basic questions about your experiences playing ultimate.**

\* 22. When did you start playing Ultimate? (Month/Year)

\* 23. What college team did / do / will you play for?

If you have played for multiple schools, please list any additional schools below:

\* 24. What division of club ultimate will you be playing in 2018?

- Men's
- Mixed
- Women's
- I will not be playing club ultimate in 2018

If you are not playing club, please feel free to list your summer 2018 ultimate activities here:

25. If you are playing in the 2018 club men's division, what team are you playing for?

26. If you are playing in the 2018 club mixed division, what team are you playing for?

27. If you are playing in the 2018 club women's division, what team are you playing for?

28. Please list, in reverse chronological order (most recent/current first), the organized youth team(s) you have played for and what seasons you played with them.

- Year, Team, Gender, Placement

Sample formatting:

2017, Triforce, Boy's, 1st place at YCC

1.
2.
3.
4.

29. Please list, in reverse chronological order (most recent/current first), the organized college team(s) you have played for and what seasons you played with them.

- Year, Team, Gender, Placement

Sample formatting:

2016, Stanford University Superfly, Women's, 1st place at College Nationals

1.
2.
3.
4.
5.

30. Please list, in reverse chronological order (most recent/current first), the organized team(s) you have played for and what seasons you played with them.

- Year, Team, Gender, Placement

Sample formatting:

2017, Seattle Mixtape, Mixed, 1st place at Club Nationals

1.
2.
3.
4.
5.
6.

31. Please list, in reverse chronological order (most recent/current first), the Nationalteam(s) you have played for and what seasons you played with them.

- Year, Team, Gender, Placement

Sample formatting:

2018, U-24 National Team, Mixed, 1st place at U-24 World Championships

1.

2.

3.

4.

32. Please list, in reverse chronological order (most recent first), all awards and recognitions you have earned (e.g., All-Region, Freshman of the Year, Ultiworld recognition, etc.).

- Year, Organization, Award

Sample formatting:

2015 Ultiworld All-America Second Team

2015 USA Ultimate First Team All-Region Atlantic Coast

2014 USA Ultimate Second Team FOTY Metro East

1.

2.

3.

4.

5.

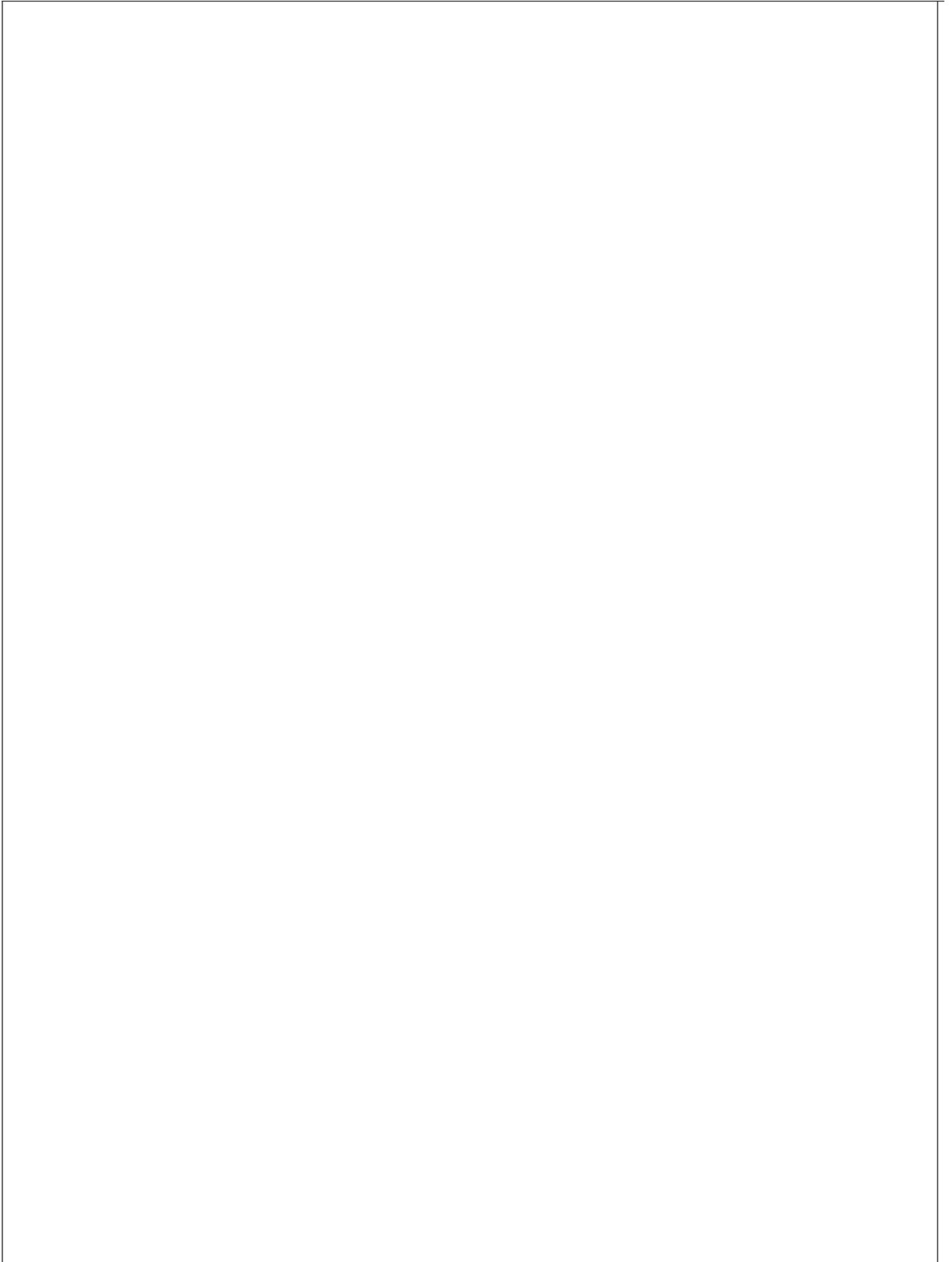
6.

7.

8.

33. What tournaments will you be attending between now and November 1, 2018?

\* 34. What other sports do you or have you played? Please list them, number of years played and at what level along with any accolades received.



## Your Current Team

**This section will ask questions about your recent teams and your role on them. Please be sure to specify which team you are describing in each answer.**

- \* 35. Describe your off-the-field role on the two most recent teams you have played on. What do you bring to the team as an organizer, a leader, a captain, a teacher, a follower, a sideline presence, etc.?

36. What offensive position would you like to tryout?

- Handler
- Cutter
- Hybrid (both)

- \* 37. Describe your offensive role on the two most recent teams you have played on. (What position do you play? What skills make you good in that role? Etc.)

38. Do you prefer to guard handlers or cutters?

- Handlers
- Cutters

- \* 39. Describe your defensive role on the two most recent teams you have played on. (What position(s) do you play in zone defense? What type of player do you guard when playing person defense? What skills make you good in this role?)

## Self Evaluation

**This section will provide an opportunity for you to evaluate your ultimate skills in regard to training, strengths and weaknesses.**

- \* 40. Briefly describe how you approach physically and mentally preparing for ultimate and specifically for high-pressure situations you may face?

- \* 41. What does Spirit of the Game mean to you? Briefly share examples of when you both upheld and failed to uphold this standard for yourself.

- \* 42. What specific areas of your offensive game are you focusing on improving?

- \* 43. What specific areas of your defensive game are you are focusing on improving?

- \* 44. Describe what being a member of the USA Ultimate National Team program means to you and the role members of team have as ambassadors for USA Ultimate.

- \* 45. What two traits would you hope your teammates and coaches would most likely use to describe you?

## Recommendation

**In addition to the application you will need to obtain a recommendation from a non-related adult that knows sports, knows Ultimate, knows you, and has seen you play. Please have your advocate complete the Recommendation Survey linked below.**

**Recommendation Survey: <https://www.surveymonkey.com/r/2019U24Rec>**

**Your advocate will be responsible for completing the recommendation survey by the application deadline (August 12, 2018).**

**If possible, please ask someone other than a member of the U-24 National Team coaching staff to write your recommendation. The credentials of your advocate will be taken into consideration.**

46. I understand that I may be disqualified from consideration without the above detailed recommendation and agree to abide by the decision of the coaches and USA Ultimate to either consider or not consider my candidacy for the U.S. National Teams without a recommendation.

Yes

No

## Additional Information

47. Please include anything else you would like the coaches and USA Ultimate to consider here.