Once a Betty, always a Betty. This saying has been a testament to the collective identity of the Kansas Bettys, a women's ultimate frisbee team. The Bettys were founded in 1985, and since then, they have become a cherished institution for generations of players. The team's history is marked by a strong sense of camaraderie, passion for the sport, and a commitment to excellence.

The Bettys at the 2015 College Championships. Photo: Frank Revi

The tournament is a big deal, a chance for us to showcase our skills and compete at the highest level. It's a time for us to push ourselves and see where we stand in the competitive landscape of ultimate frisbee. The Bettys have a unique approach to the sport, focusing on a handler-heavy offense. We believe in playing hard and playing smart, and we always have a great time doing it.

The Bettys at the 2015 College Championships. Photo: Peter Bakker

As a B team, we may not have the same level of experience as our A counterparts, but we are always striving to improve. We come to every game with a positive attitude and a determination to give our best. This year, we've been working hard to develop our skills and build our chemistry as a team. We're excited to see where this season takes us.

The Bettys have a rich history, and we're proud to carry on their legacy. We're always looking for ways to innovate and improve our game, and we have a lot of fun doing it. Whether we're playing in tournaments or just practicing, we love to be out there on the field, pushing ourselves to be the best we can be.
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We could buy a lot of beer with what we get. We get $13,500, and we can use that money. We would just play games. We had the epi play. The weakness was, we knew where they were going to cut and how they were going to cut. We just knew. We knew what their skillset was, how fast our teammates were, and getting to know each other helped a lot.

At practices, we were lucky if we got a couple of practice points. Before going to regionals or tournaments, and especially at 23rd and Iowa for a couple of years, we would play, and that's kind of how we practiced. We'd write some down. We kind of did that a lot. We might call something out, and the other team would not know. We wanted to designate one person to stand up and run into the end zone. Everyone was thinking, "What?" The other team would not know what we were doing, and we would want to designate one person to stand up and run into the end zone. So they totally trashed a lot of our plays. We had the epi play, which was a sort of Spirit of the Game. It was pretty hysterical.

It sounds like you guys had to do it on a team we had to go to all your tournaments when you didn't have any money, but in terms of other things we give ourselves our own Facebook page and blog, so we get recognition in terms of Ultimate. We get $13,500, and we can use that money. We would just play games. We had the epi play. The weakness was, we knew where they were going to cut and how they were going to cut. We just knew. We knew what their skillset was, how fast our teammates were, and getting to know each other helped a lot.

We knew everyone's weaknesses. We knew everyone's strengths and weaknesses, and we knew everyone's personalities. We knew everyone was going to cut and how they were going to cut was, we knew where they were going to cut. We knew. We knew what their skillset was, how fast our teammates were, and getting to know each other helped a lot. We knew everyone's weaknesses. We knew everyone's strengths and weaknesses, and we knew everyone's personalities. We knew everyone was going to cut and how they were going to cut was, we knew where they were going to cut. We knew. We knew what their skillset was, how fast our teammates were, and getting to know each other helped a lot.
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So we had two players on our team that were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...were...wer
I let him. Bet he would if I let him.

We ordered pizza of a hotel once... We got kicked out. I can't really remember the details.

Those were our first t-shirts. Yes! "Bet he would if I let him." Really? Yes, exactly! We still say that!

So it took off in that sense. And... And that was our fun with it. Yvonne, you've got more history.

You guys—were you Fishcarp? Well, I think probably as many of us as could.

So Clare, I'm sure it's the same. It's part of it, for sure. I'm so happy to hear that. Yeah, thank goodness that still happens.

We ordered pizza from the hot tub.

So did you still play seven or more? I think it was only two. Ours might have been three. All tournaments are still two days long, but Nationals is four.
It really is! The story that goes around here, and I don't know where this came from, but basically it was just that a bunch of girls on the team were drinking together, and they were all talking about the team name and what it should be and trying to decide on one final name, and then one girl just slammed her drink down and said “F it, just call her Betty.” And then that's what it was.

That would be Lisbeth, wouldn't it?

And then that was the name! So I don't know if that ever actually happened, but that's what we say. Just talking to you guys, it sounds like that totally could have happened. Just in the hour we've been talking, I feel like you guys would do that. One of you might just do that and make that decision.

Yeah, I could see that. It was just such a perfect fit. It fit the simple aspects of the woman that played, but it also played on the flirtatious part of Betty.

Yeah, it still fits us.

It's just a great name.

Alright, well I think that's all I have for you guys. This was an absolute blast. Honestly, I feel even more proud to be a Betty. Betty Love!