EVENT GUIDE $2
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Event staff will be wearing “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people to help you out:

**LOCAL ORGANIZING COMMITTEE STAFF**
Tournament Director – Fran Kelley
Volunteer Coordinator – Chris Olig
Head Scorekeeper – Dan Rubenstein
Head Statkeeper/Assistant Scorekeeper – Ben Hsu
Social/Local Media Coordinator – Lauren Michael

**USA ULTIMATE STAFF**
Chief Executive Officer – Dr. Tom Crawford
Managing Director, Competition and Athlete Programs – Will Deaver
Manager, Competition and Athlete Programs – Byron Hicks
Manager, Competition and Athlete Programs – Richard Dana
Manager, Competition and Athlete Programs – Baker Pratt
Manager, Education and Youth Programs – Mike Lovinguth
Manager, Events – David Raflo
Director, Membership and Sport Development – Melanie Byrd
Manager, Membership and Sport Development – Anna Schott
Manager, Membership Development – Ryan Gorman
Director, Marketing and Communications – Andy Lee
Manager, New Media – Matthew Bourland
Manager, Communications and Publications – Stacey Waldrup
Director, Finance and Development – Julia Echterhoff
National College Open Director – Jeff Kula
National College Women’s Director – Beth Nakamura
Chair, Observer Committee – Greg Connelly

CONGRATULATIONS ON QUALIFYING FOR THE 2013 COLLEGE CHAMPIONSHIPS!

Midwest Ultimate is excited to partner with USA Ultimate to bring this event back to Madison. While we hosted only three short years ago, we’ve been eagerly awaiting the chance to welcome you and your teams back to one of the greatest ultimate hot spots in the region.

The tournament will once again play its preliminary rounds at beautiful Reddan Soccer Park, a 60-acre facility that has been hosting national-level events in soccer, lacrosse and ultimate since 1997. The semifinals and finals will be showcased at Madison Memorial High School in a stadium that is sure to be filled to its near 5,000 seat capacity. This stadium is no novice to hosting the highest levels of college ultimate as it has been home to the NexGen vs. Madison Club game for the past two years.

The stadium will also be the perfect setting to introduce our sport to the ESPN audiences as all four semifinals and both finals games will be live streamed on ESPN3. This is an amazing opportunity for the sport of ultimate, and we consider ourselves just as lucky to be working behind the camera as you should feel in front of it.

When you aren’t showing off for national television audiences, Madison has a lot to offer. Consider a visit to the State Street Pedestrian Mall downtown, capped at one end by the picturesque Memorial Union on the University of Wisconsin’s campus. Memorial Day weekend is also a great time to experience some Wisconsin culture at the World’s Largest Brat Fest held in town at the Alien Energy Center, with all proceeds benefiting local charities.

Midwest Ultimate is thrilled to be a part of the pinnacle of college ultimate, but if you find yourself back in our area during the club season, we hope you’ll consider joining us for some of our other events including Wisconsin Swiss (June 22-23), Chicago Sandblast (July 12-14) or Mad-Disc-On (August 3-4). We also work closely with the Madison Ultimate Frisbee Association (MUFA), who hosts one of the country’s largest summer leagues.

If you have any questions about Midwest Ultimate or MUFA, please stop by our tent in the vendor area or simply ask one of the dozens of volunteers, without whom this event would not be possible. No doubt most of them have played in the local leagues and are now as excited as we are to watch and support you as you compete for the championship.

Best of luck,
Fran Kelley, Tournament Director, 2013 USA Ultimate College Championships
WEEKEND OVERVIEW

THURSDAY, MAY 23 AT HILTON GARDEN INN MADISON WEST/MIDDLETOWN
6:00pm – 7:30pm: Team Registration
6:00pm – 7:30pm: Coaches Social
8:00pm – 9:00pm: Captains’ Meeting

FRIDAY, MAY 24 AT REDDAN SOCCER PARK
8:15am: National Anthem
8:30am – 6:15pm: Pool Play
Evening until 9:00pm: After the action concludes at Reddan, head down to the World’s Largest Brat Fest, an annual tradition in Madison. Enjoy some great brats, hot dogs and veggie brats, and if you have a few extra bucks, you can get a beverage, local ice cream or a funnel cake. Proceeds go to local charities! To get to the Brat Fest take the Beltline (Highway 12/18) east and exit at John Nolan Drive. You can’t miss it.

SATURDAY, MAY 25 AT REDDAN SOCCER PARK
8:15am: National Anthem
8:30am – 4:15pm: Pool Play
5:00pm – 6:45pm: Pre-quarters and Placement Play
Evening until 9:00pm: After the action concludes at Reddan, head down to the World’s Largest Brat Fest, an annual tradition in Madison. Enjoy some great brats, hot dogs and veggie brats, and if you have a few extra bucks, you can get a beverage, local ice cream or a funnel cake. Proceeds go to local charities! To get to the Brat Fest take the Beltline (Highway 12/18) east and exit at John Nolan Drive. You can’t miss it.

SUNDAY, MAY 26 AT REDDAN SOCCER PARK
8:15am: National Anthem
8:30am – 10:15am: Quarterfinals and Placement Play

SUNDAY, MAY 26 AT MANSFIELD STADIUM AT MADISON MEMORIAL HIGH SCHOOL
12:00pm – 1:45pm: Women’s Division Semifinal #1
2:30pm – 4:15pm: Women’s Division Semifinal #2
Halftime: Men’s Callahan Award Ceremony (2013 College MVP)
4:30pm – 5:30pm: Parent’s “Tailgate” and dinner served at the fields to participating teams
5:30pm – 7:15pm: Open Division Semifinal #1
Halftime: Women’s Callahan Award Ceremony (2013 College MVP)
8:00pm – 9:45pm: Women’s Division Semifinal #2

MONDAY, MAY 27 AT MANSFIELD STADIUM AT MADISON MEMORIAL HIGH SCHOOL
10:45am: National Anthem
12:00pm – 1:45pm: Women’s Division Final
2:30pm – 4:15pm: Open Division Final

HALFTIME AND POST-GAME: AWARD CEREMONIES
• During halftime, awards will be presented to the Team Spirit Award winners and Individual Spirit Award winners (one from each team). Thanks to Discraft for their support of the Spirit of the Game awards.
• Immediately following finals, awards will be presented to first and second place teams in each division.
USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate information tent if you have any questions about the event or about USA Ultimate! During all rounds Friday through Sunday, there will be a USA Ultimate staff member available to answer questions. We will also have Event Guides available for purchase as well as other USA Ultimate schwag and information.

Please come by and let us know what you think of the event, talk to us about the college structure and learn about our outreach programs! Players, be sure to send your parents over to have them sign up for a USA Ultimate Friends & Family membership, so they can stay in the loop about your favorite sport!

SITE RULES

DOGS: Must be leashed at Reddan; no dogs at finals stadium!

NO GLASS.

NO ALCOHOL. This goes for both the main field site and the finals stadium. There will be facility employees and event staff checking to make sure people are not drinking. There will also be lots of moms, dads and kids watching the action. Please abide by these rules. The stadium is at a high school where, of course, alcohol is prohibited. If you are caught with alcohol at either of the field site(s), you will risk disqualification for your team as well as potential ramifications outside of the event for breaking the field regulations. Thank you!

NO TOBACCO. USA Ultimate has a no tobacco policy at its championship events.

FIELD ACCESS: Spectators and equipment must stay at least 3 yards away from sidelines and behind any spectator/equipment lines or barriers! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least 3 yards.

TRASH AND RECYCLING: Place recyclables in the recycling receptacles, and place trash in the trash.

GUESTS AND SPECTATORS: You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

COMPETITION RULES

• USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
• All games to 15, point cap at 17.
• Halftime is 10 minutes.
• Each team has two timeouts per half.
• Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
• Overtime: A game is in overtime if tied at one point less than original game total (e.g. in a game to 15 goals, overtime occurs when the score reaches 14-14).
• Hard time cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
• Soft time cap goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
• Caps do not affect timeouts.
USA Ultimate appreciates the contributions and commitment of individuals seeking to share photographs, video and audio recordings of events hosted by USA Ultimate. Anyone wishing to record USA Ultimate events for commercial purposes (as defined in the agreement) is required to sign the USA Ultimate Recording Partnership Agreement. Anyone wishing to record for strictly personal use may also be required to review and sign the agreement to ensure that the permitted uses are understood. The agreement is intended to protect USA Ultimate’s rights as an event organizer as well as to encourage and allow recording of USA Ultimate events for both personal and commercial purposes beneficial to the sport and its participants. If you are taking photos at the event and would like submit them to USA Ultimate for possible use in USA Ultimate magazine, please contact USA Ultimate Manager of Communications and Publications Stacey Waldrup at stacey@hq.usaultimate.org.
FIVEULTIMATE

AWESOME COMES STANDARD

- FREE ART ASSISTANCE
- FREE SHIPPING ON TEAM GEAR
- NO SETUP FEES, NO HIDDEN COSTS
- TOP NOTCH GEAR DESIGNED BY ULTIMATE PLAYERS, FOR ULTIMATE PLAYERS
- THE BEST CUSTOMER SERVICE ON THE BLOCK
- 100% COMMITMENT TO ULTIMATE
SPIRIT AWARDS

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. -- 11th Edition USA Ultimate Rules of Ultimate.

INDIVIDUAL AWARDS: Teams will each be asked to nominate a player from their own team who they feel displays the highest level of Spirit. The definition of Spirit is up to each team but should include elements of sportsmanship, leadership, perseverance, fire, etc. Choose the person whose attitude you wish other people on your team would emulate and who other players off your team admire. Individual Spirit winners will receive a medal and prize disc (courtesy of DISCRAFT). Thanks to Discraft for their support of ultimate and Spirit of the Game!

TEAM AWARDS: Following every game, each team will be asked to rate its opponent on a scale of 1-5, with 5 being the highest level of sportsmanship. These ratings will be averaged, and the team in each division with the highest rating will be awarded the Team Spirit Award after their division’s finals.

USA ULTIMATE SPIRIT RATINGS GUIDELINES

The ratings are ordered from 5 (indicating the highest level of spirit) through 1 (the lowest level of spirit):

5: Highest level of respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed excellent knowledge of the rules and abided by them throughout the game. Any conflicts were resolved amicably and without incident. Opposing team’s conduct added to our enjoyment of the game. The opposing team unfailingly played fairly and with an excellent attitude.

4: Respect shown throughout the game towards opponents, officials and spectators. For the level of play, showed above average knowledge of the rules and abided by them throughout the game. Any conflicts were resolved favorably and without incident. Opposing team’s conduct did not detract from our enjoyment of the game. The opposing team played fairly and with a good attitude.

3: Generally exhibited respect towards opponents, officials and spectators. For the level of play, showed adequate knowledge of the rules and abided by them during the game. Any conflicts were resolved plainly and without incident. Opposing team’s conduct generally did not detract from our enjoyment of the game. The opposing team generally played fairly and with a decent attitude.

2: Exhibited a lack of respect towards opponents, officials and/or spectators. For the level of play, showed a lack of knowledge of, or disregard for, the rules at points during the game. Any conflicts were resolved heatedly or led to contentious incidents. Opposing team’s conduct detracted somewhat from our enjoyment of the game. The opposing team played unfairly and/or with a poor attitude.

1: Exhibited a major lack of respect towards opponents, officials and/or spectators. For the level of play, exhibited no knowledge of the rules or blatantly disregarded them during the game. Conflicts were resolved acrimoniously or led directly to contentious incidents. Opposing team’s conduct made the game basically unenjoyable. The opposing team played unfairly, and their attitude was abysmal.
10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. **THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.** Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

2. **CONTROL: SOTG TAKES REAL EFFORT.** SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. **HECKLING AND TAUNTING ARE DIFFERENT.** Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent’s foul call or close play are NOT heckling; they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. **SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.** It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. **DON’T “GIVE AS YOU GOT.”** There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

6. **BREATHE.** After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. **WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.** When you turn the other cheek, you know you’ve done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. **BE GENEROUS WITH PRAISE.** Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. **IMPRESSIONS LINGER.** Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. **HAVE FUN.** All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergéron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.
Our mission is to support ultimate, and good coaches are an integral part of the development of the sport.

So take a moment to appreciate the coaches. Heck, take a plenty of moments! We really can’t thank them enough for the work they do.

Five Ultimate is proud to sponsor the 2013 USA Ultimate Coaching Development Program.
DIRECTIONS

IMPORTANT ADDRESSES
Registration/Coaches Social/Captains’ Meeting
Hilton Garden Inn Madison West/Middleton - 1801 Deming Way, Middleton, WI 53562

Field Sites:
• Reddan Soccer Park- 6874 Cross Country Road, Verona, WI 53953
• Mansfield Stadium at Madison Memorial High School - 201 South Gammon Road, Madison, WI 53717

Urgent Care Centers:
• Near Reddan, UW Health Verona Clinic - 100 North Nine Mound Road, Verona, WI 53593
• Near Madison Memorial High School, UW Health Clinic - 7102 Mineral Point Road, Madison, WI 53717

FROM HILTON GARDEN INN TO REDDAN
• Head southwest on Deming Way toward Market Street for 0.2 mi
• Turn right onto Greenway Boulevard for 0.7 mi
• Turn left onto North Pleasant View Road for 1.7 miles
• At the traffic circle, continue straight onto South Pleasant View Road for 1 mi
• At the traffic circle, continue straight on South Pleasant View Road for 2.1 miles
• Continue onto North County Road M/North Main Street for 1 mi
• Turn left onto Cross Country Road and Reddan will be on the left after 0.5 mi

FROM REDDAN TO UW HEALTH VERONA CLINIC
• Head west on Cross Country Road toward Enterprise Drive for 0.5 mi
• Take the 3rd left onto North Main Street for 0.8 mi
• Turn right onto West Verona Avenue for 0.8 mi
• Turn right onto North Nine Mound Road and clinic will be just ahead on the right

FROM REDDAN TO MADISON MEMORIAL HIGH SCHOOL
• Head west on Cross Country Road toward Enterprise Drive for 0.4 mi
• Turn right onto North County Road M/North Main Street for 3 miles
• Turn right onto County Road M/S Junction Road & continue to follow County Road M for 1.1 miles
• Turn right onto Mineral Point Road for 1.3 miles

FROM HILTON GARDEN INN TO MADISON MEMORIAL HIGH SCHOOL
• Head northeast on Deming Way for 141 feet
• At the traffic circle, take the first exit onto John Q Hammons Drive for 0.3 miles
• Turn left onto Greenway Boulevard for 0.1 miles
• Take the ramp onto US-12 East/US-14 East for 1.9 miles
• Take exit 254 for Mineral Point Road toward Wisconsin S/Wisconsin M for 0.2 miles
• Turn left onto Mineral Point Road for 1 mile
• Turn left onto South Gammon Road and school will be on the right after 0.3 miles

FROM MADISON MEMORIAL HIGH SCHOOL TO UW HEALTH CLINIC
• Head north on South Gammon Road toward Memorial Way/Tree Lane for 423 feet
• Take the first left onto Tree Lane for 0.3 miles
• Turn left onto South Westfield Road for 0.2 miles
• Turn left toward Mineral Point Road for 0.2 miles
• Turn right toward Mineral Point Road for 0.1 miles
• Turn right onto Mineral Point Road and clinic will be just ahead on the right
OFFICIAL PHOTOGRAPHY for
USA Ultimate

A full service creative company

photography  graphic design  website design  video

ultimatefrisbeephotos.com
## Women's Schedule

### 2013 USA Ultimate College Championships - Women's Division

#### Friday, May 24, 2013

<table>
<thead>
<tr>
<th>All Games to 15 Cap 17</th>
<th>Pool A</th>
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<td>A1 Oregon</td>
<td>B1 Carleton College</td>
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<td>A2 University of Wisconsin</td>
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<td>A3 Stanford</td>
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<td>B4 California-Santa Barbara</td>
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Pre-Quarters: See brackets for matchups and field assignments

### Placement Brackets

- **A Pool #4**
  - Game (7)
  - Sun 8:30am-10:15am
  - Field #11

- **B Pool #5**
  - Game (8)
  - Sat 5:00-6:45pm
  - Field #13

- **C Pool #4**
  - Game (9)
  - Sat 5:00pm-6:45pm
  - Field #12

- **D Pool #4**
  - Game (10)
  - Sun 8:30am-10:15am
  - Field #11

### All games to 15 cap 17

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**USA Ultimate**

**Discraft**

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**2013 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS**
### 2013 USA Ultimate College Championships - Women's Division

**Friday, May 24, 2013**

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**Championship Bracket**

**Saturday-Monday, May 25-27, 2013**

- **B Pool #2**
  - Game (1)
  - Sat 5:00-6:45pm
  - Field #2

- **C Pool #3**
  - Sun 8:30-10:15am
  - Field #8

- **A Pool #4**
  - Sun 8:30-10:15am
  - Field #1

- **D Pool #5**
  - Game (3)
  - Sat 5:00-6:45pm
  - Field #6

- **Game (2)**
  - Sat 5:00-6:45pm
  - Field #6

- **Semifinal**
  - Sun 12:00-1:45pm
  - Mansfield Stadium

- **Final**
  - Mon 12:00pm-1:45pm
  - Mansfield Stadium

- **Champion**

- **Semifinal**
  - Sun 2:30-4:15pm
  - Mansfield Stadium

- **All games to 15 cap 17**
## 2013 USA Ultimate College Championships - Open Division

### Friday, May 24, 2013

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<td>A3 Dartmouth</td>
<td>A4 Georgia</td>
<td>B2 Carleton College</td>
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<tr>
<td>A5 Washington</td>
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<td>B4 Florida State</td>
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<td>B5 Cornell</td>
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**Friday**

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### Saturday, May 25, 2013

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<td>Pre-Quarters: See brackets for matchups and field assignments</td>
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### Placement Brackets

**Saturday-Sunday, May 25-26, 2013**

- **A Pool #4**
  - Game [7]
  - Sun 8:30-10:15am
  - Field #13

- **B Pool #5**
  - Game [8]
  - Sat 5:00-6:45pm
  - Field #10

- **C Pool #6**
  - Game [9]
  - Sat 5:00-6:45pm
  - Field #11

- **D Pool #7**
  - Game [10]
  - Sun 5:30am-10:15am
  - Field #12

- **E Pool #8**

All games to 15 Apr 17
2013 USA Ultimate College Championships - Open Division

Friday, May 24, 2013

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</tr>
<tr>
<td>C3 Ohio</td>
<td>D3 North Carolina-Wilmington</td>
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<td>C4 California-Davis</td>
<td>D4 Arizona</td>
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<td>C5 Luther</td>
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Saturday, May 25, 2013

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Pre-Quarters: See brackets for matchups and field assignments

Championship Bracket

All games to 15 cap 17
WOMEN’S TEAMS

UNIVERSITY OF BRITISH COLUMBIA

THUNDERBIRDS /// VANCOUVER, BC
Captains: Rena Kawabata, Catherine Hui, Ellen Schelew
Coaches: Tasia Balding, Jennifer Kwok

The UBC Thunderbirds Women’s Ultimate Team was founded in 1997 and became the first ever Canadian team to play in a UPA National Championship. The team finished second that year at UPA College Nationals, and a decade later, they claimed their first UPA College Championship title in 2008. There are no longer any TBirds left from that golden year, and a new generation of young women have stepped up to put the dream back into motion. In 2011, the team achieved their goal of returning to the Championships for the first time since 2008, but our shaky performance indicated the shock of finally reaching the national stage. Last year, we had our heads in the College Nationals game on Day 1, but struggled with the wind in pre-quarters against regional rivals University of Washington. The desire for redemption served as fuel for upcoming seasons.

Returning a solid berth of seasoned players, the TBirds took the 2013 season by storm, performing well in tough tournaments. Tasia Balding (Traffic) returned this year to continue her work in growing and developing the little TBirdies, with the assistance of seasoned-veteran cutter Jennifer Kwok (Traffic) added to the coaching roster. In 2013, the Thunderbirds are coming back stronger than ever!

ROSTER

1 Roma Nagin Fr 5'2" 19
2 Laurel Jay Jr 5'1" 20
3 Jo-Hannah Yeo Jr 5'4" 20
4 Mandy Wong So 5'2" 19
5 Birgit Rogalla Fr 5'3" 18
6 Victoria Lam Jr 5'5" 21
7 Gera Stancheva Sr 5'3" 22
8 Kimberly Ho Sr 5'3" 22
9 Amy Luo Jr 5'1" 20
10 Kathy Lee Jr 5'8" 20
11 Amira Maddison So 5'10" 20
12 Rena Kawabata Gr 5'5" 21
13 Terynn Chan So 5'6" 20
14 Tammy Chou So 5'4" 19
15 Carolyn Churchland Gr 5'8" 27
16 Ellen Schelew Gr 5'7" 26
17 Devra Waldman Gr 5'1" 23
18 Lisa Wong So 5'5" 19
19 Crystal Koo Sr 5'1" 22
20 Amanda Ho Gr 5'3" 24
21 Wendy Lin Fr 5'3" 18
22 Catherine Hui Sr 5'5" 22

UNIVERSITY OF CALIFORNIA - SANTA BARBARA

BURNING SKIRTS /// SANTA BARBARA, CA
Captains: Kaila Pollart, Alicia Thompson, Katie Hawn
Coaches: Carolyn Finney, Kaela Jorgenson

The UCSB Burning Skirts began in 1985 and have been a strong presence in Southern California and on the national stage. In each year from 2007-2011, the Skirts made Nationals. In those years, they had five appearances in the finals game, including two wins in Columbus, Ohio in 2009 and Boulder, Colo., in 2011. After not making it to Boulder in 2012, the Skirts are excited for another year in Madison.

ROSTER

4 Lyly Tran Fr 5'4"
5 Jessica Huang Fr 5'4"
6 Erika Ito Fr 5'3"
7 Winnie Lam So 5'3"
9 Talia Barth So 5'9"
10 Jade Won-Golder So 5'8"
11 Kaila Pollart Jr 5'7"
12 Kristin Arakawa So
13 Maya Greenwood Jr 5'5"
16 Joy Kang So 5'7"
18 Shelbi Thompson Fr 5'0"
20 Kelly Gross Jr 6'0"
21 Noelle Neason Jr 5'4"
23 Eva Healy So 5'7"
26 Alicia Thompson Sr 5'7"
30 Jill Niederberger Jr 5'9"
32 Lizzy Hernandez Fr 5'4"
42 Katie Hawn Sr 5'4"
92 Lisa Pitcaithley Jr 5'10"
### CARLETON COLLEGE

**SYZYGY /// NORTHFIELD, MN**

Captains: Anna Reed, Julia Snyder  
Coaches: Megan Molteni, Emily Muirhead McAdams, Logan Weiss

What’s Syzygy, you might like to know? Three heavenly bodies all in a row. We’ve got the bodies, we’ve got the flow, so come on Syzygy, let’s go! Let’s line those bodies up 1-2-3. We’ve got huckin’ O, we’ve got divin’ D. We’re going to launch that disc astronomically, so everyone knows we’re Syzygy!

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<td>Sarah Robinson</td>
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### UNIVERSITY OF CENTRAL FLORIDA

**SIRENS /// ORLANDO, FL**

Captains: Mariel Hammond and Samantha Young  
Coaches: Joe Tilley, Eryn Ivey, Stacey Herdegen

In 2009, Tina “Momma Tinsie” Hierholzer led a group of nine girls in an attempt to start a women’s ultimate team at the University of Central Florida. The next year, Dogs of War alumnus Joe Tilley joined on as coach. Just four short years later, the Sirens have earned their first College Championships bid to celebrate Tina’s graduation (finally). This year, the Sirens finished third at Music City Mash-Up, fourth at Florida Winter Classic, ninth at Queen City Tune-Up and tied for eleventh at Centex D-I. A thousand thank yous to Without Limits for all the amazing tournament opportunities and to Michelle Ng for the mentoring she has given to all the Southeast team leaders. We wouldn’t be here without you. #southeastlove

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WOMEN’S TEAMS

UNIVERSITY OF GEORGIA

DAWGMA /// ATHENS, GA
Captains: Hannah Leathers, Julia Fuster, Lane Siedor
Coaches: Amble Johnson & Katherine Wooten

The University of Georgia is the oldest university in the state of Georgia. We are known for high academics, but we have also been named the #1 party school. Work hard, play hard. Landmarks include the arch and Sanford Stadium, but we’re not just a football school.

Since the beginning of the Women’s Ultimate Frisbee program in the 1990s, the team has had a storied history of winning. The team has gone to Nationals eight times, including two semifinals appearances and one National Championship. Amble Johnson has been the Dawgma coach for four years now and has led the team to three games to go at Regionals and is looking forward to leading the team at Nationals. Former player (on the National Title team) and current Dawgma assistant coach Katherine Wooten says “We’re ready to ratchet it up.” As notable alum Coach Taylor (Kyle Chandler) from Friday Night Lights would say “Clear eyes, Full Hearts, Can’t Lose.”

UNIVERSITY OF IOWA

SAUCY NANCY /// IOWA CITY, IA
Captains: Liza Minor, Bekah Hickernell, Anna Pritchard
Coaches: Michael Lun, Kelli Parsons, Andrea Uhl

Iowa Women’s Ultimate started in 1993, when it was first called Luna Disc. Saucy Nancy attended Nationals for the first time in 2004, reaching the quarterfinals, and returned in 2005, finishing fifth. In recent years, Saucy’s leadership has developed the program back into a highly competitive team. In 2010, Saucy placed fourth at North Central Women’s Regionals. In 2011, Saucy went undefeated at North Central Regionals to become Regional Champions for the first time in Iowa Ultimate history and returned to Nationals for the first time since 2005 to place fifth. Saucy remained Regional Champions in 2012 and placed fifth at Nationals again. Sights are set high this year as the team prepares for the trip to Madison.
WOMEN’S TEAMS

IOWA STATE UNIVERSITY

WOMAN SCORNED /// Ames, IA
Captains: Magon Liu & Rebecca Miller
Coaches: Kevin Seiler, Lana Seiler, Jasmine Draper

Woman Scorned was founded in 2002 by Rachel Derscheid who continued to coach the team to our first College Nationals appearance in 2009. Last season, Scorned returned to the tournament and took home a tenth-place finish. This season, our team returns for the fourth time to compete for the national title.

Throughout our history we have maintained these core beliefs:
1: Having fun is the most important thing. Winning does not dictate fun. If we play the game right and give all we have, ultimate is fun whether we win or lose.
2: We want to be the team that every team wants to play. We compete our hardest against every opponent but never at the sacrifice of spirit.
3: Commit to each other as one cohesive team. Hold yourself and your teammates accountable, and value each other for everything each person contributes.

ROSTER

03 Kelly Schiro Fr 5’0” 18
05 Cassie Sakai Fr 5’8” 20
08 Magon Liu Sr 5’4” 21
09 Kelly Smith Sr 5’9” 23
12 Linda Behrer Fr 5’3” 19
13 Megan Jenkins Jr 5’8” 27
14 Kaira Carter Sr 5’5” 21
16 Camille Nelson Jr 5’9” 20
17 Janani Ragothaman So 5’3” 19
19 Alyssa Maristela So 5’1” 19
22 Kate Hunter So 5’6” 18
27 Sam Sauerbrei Jr 5’5” 19
32 Martha Nelson Fr 5’8” 19
36 Kyra Oliver Jr 5’8” 20
42 Jessica Langr Sr 5’5” 22
45 Anne Glasker Jr 5’2” 20
47 Rebecca Miller Sr 5’4” 20
75 Rebecca Weinmeister Sr 5’7” 20
84 Sara Stuedemann Fr 5’3” 19
97 Sarah Pesch Sr 5’10” 21

UNIVERSITY OF MINNESOTA

NINJAS /// Minneapolis, MN
Captains: Andrea Crumrine, Emily Regan, Natalie DePalma
Coaches: Christie Dosch, Pat Niles, Abby Hagel

The Minnesota Ninjas haven’t been on the national scene in recent history, but we have been vastly improving over the past few years. Christie Dosch joined the team as head coach in 2010, and the Ninjas began improving their Conference and Regional standings. Last year we ended the season ranked 28th, and this year we made our move onto the national scene with a good retention of players from the previous year, a strong group of incoming freshmen from Minnesota high school ultimate teams, and Pat Niles joining our coaching squad. We placed fourth at our first trip to Centex this spring, moved up to eleventh in the overall rankings, and we are very excited to be heading to Nationals for the first time in recent years.

ROSTER

1 Natalie DePalma Sr 5’6” 21
3 Emily DePalma Gr 5’8” 23
4 Kristen Watermolen Jr 5’4” 20
5 Alyssa Belsito Fr 5’8” 19
7 Sammy Hoen Jr 5’4” 21
8 Greta Regan Fr 5’6” 19
9 Emily Regan Sr 5’5” 22
10 Andrea Crumrine Sr 5’1” 22
12 Anne Sleen Jr 5’5” 21
17 Jenny Asturias Jr 5’3” 21
18 Brenna Kruse Sr 5’8” 21
19 Quincy Guinadi Jr 5’1” 20
21 Emily Mattison Fr 5’5” 19
24 Kim Li Yong Jr 5’5” 21
28 Erin Manlove Gr 5’3” 27
31 Enthel Tan Jr 5’6” 20
32 Natalie Foshag Sr 5’5” 22
35 Sarah Anciaux Gr 5’8” 24
36 Ratih Sutrisno Fr 5’5” 18
42 Hannah Conley Sr 5’5” 22
44 Sarah Meckstroth Sr 5’8” 21
66 Clare Riley Fr 5’5” 19
88 Mary Nieting Sr 5’9” 24
99 Mindi DePaola So 5’3” 19
WOMEN’S TEAMS

NORTHEASTERN UNIVERSITY

VALKYRIES /// BOSTON, MA
Captains: Becca Ginsburg, Kristin Moore, Judy Arnobit
Coaches: Jason Adams, Courtney Moores

Started in 2002, the Valkyries just celebrated a decade of playing. Under then captain Courtney Moores and Coach Jason Adams, the Valkyries earned their first trip to Nationals in 2008 and returned in 2009. In 2010, the Valkyries split for the first time into successful A and B teams, and both teams have been in the top of the region in the past few years. This year, Moores and Adams have both returned to coach and marks the first time the Valkyries have qualified for Nationals since the 2009 season.

ROSTER
0 Layne Woodruff Fr 5'10" 20
5 Lizzie Jones Sr 6’0” 21
6 Jackie Phillips Jr 5’6” 21
7 Rebecca Marx Sr 5’6” 22
8 Della Chen Jr 5’9” 21
9 Grace Lin Jr 5’5” 21
11 Ally Rosin Fr 5’9” 20
12 Nicole Canning Fr 5’10” 21
13 Shelby Parton So 5’6” 21
14 Mei Bruist So 5’6” 20
15 Kristin Moore Jr 5’3” 21
16 Carissa Huang Sr 5’6” 22
19 Kafi Paine Sr 5’5” 23
20 Kate Flood Jr 5’7” 21
22 Melissa Ellis So 5’9” 21
27 Danielle Pesko Sr 5’7” 22
28 Sam Rate So 5’6” 21
31 Jenni Ladutko Jr 5’10” 21
33 Judy Arnobit Sr 5’3” 22
37 Hannah Walter So 5’8” 20
53 Kim Niedermaier Sr 5’11” 22
64 Rebecca Noyes Fr 5’8” 19
98 Becca Ginsburg Sr 5’3” 22

NORTHEASTERN UNIVERSITY

GUNGHO /// EVANSTON, IL
Captains: Carol Li, Angel Li, Rose Gruenhagen
Coach: Laura Moore

Two girls, orange camo jerseys and big dreams started Northwestern’s women’s ultimate team in 1998. After struggling for a few years to get our footing in the Great Lakes region, GungHo took ninth in our first appearance at Nationals in 2001 and repeated the performance in 2002. We took 11th in 2005 and were the first Great Lakes team to make it to quarters in 2007, finishing 5th. Ron Kubalanza picked up as a new coach in the 09-10 season, where GungHo took a 17th place finish at Nationals. Hungry for more, the following year, GungHo went back to finish 13th. With a less than desirable Regionals finish in 2012, GungHo is looking to finish what they started with new head coach Laura Moore. This season, our focus has been on our mental game and training for 22. If you follow @GunghoUltimate on twitter, you’ll know that #relentless is what has defined our season. With the deepest team GungHo has seen in a while and an unrelenting work ethic in the blustery Chicago wind, we’re ready to take our game big time.

ROSTER
1 Rebecca Schieber So 5’9” 20
2 Brooke Stanislawski Sr 5’6” 23
3 Jessica Mueller Jr 5’6” 20
4 Lien Hoffmann Gr 5’6” 22
5 Katie Raynolds Sr 5’5” 22
6 Hope Hellmann So 5’6” 19
7 Megan Barstead Sr 5’7” 22
9 Ellen McGrath Jr 5’6” 20
11 Angel Li Sr 5’7” 21
13 Phoebe Evans So 5’10” 19
16 Christina Sur So 5’5” 20
17 Eliza Bifano Gr 5’6” 22
20 Alex Chudler Jr 5’5” 20
22 Samantha Thompson Sr 5’5” 21
23 Stephanie Wang So 5’3” 20
24 Claire Mosier Sr 5’7” 21
26 Jenny Li So 5’4” 19
27 Angelina Kim Sr 5’2” 21
31 Abby Shure Sr 5’5” 21
32 Carol Li Sr 5’6” 21
36 Talia Strait Sr 5’9” 22
49 Rose Gruenhagen Sr 5’6” 21
2013 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS

WOMEN’S TEAMS

THE OHIO STATE UNIVERSITY

FEVER /// COLUMBUS, OH
Captains: Cassie Swafford, Paige Soper
Coaches: DeAnna Ball, Brent Reeb, Nick Hamilton

Fever Ultimate has made a name for itself in the women’s college ultimate scene in recent years. 2011 marked our first trip to the College Championships with a successful repeat appearance last season, in which we advanced further than any Ohio team had previously been able to do. Our origins trace back 12 years, when Fever first came together as a group of dedicated women under the name “Flood,” which often struggled to field a full squad. Since, we have grown to be a nationally-ranked team and are achieving success at more and more competitive women’s tournaments. Despite our humble origins, Fever’s 28-person squad, coached by DeAnna Ball, Brent Reeb and Nick Hamilton, has the strong support of the Columbus ultimate community and Fever alumni, whose time and encouragement have pushed our play and tournament opportunities to new levels. Signs that a burning Fever may be headed your way include a deep roster of returners, quick-to-learn rookies, enthusiastic sidelines and spontaneous dance parties. Whether we refer to ourselves as the Pain Train, the Fever Air Force or just plain old Fever, we work hard for each other and hope to make a lasting mark at this year’s College Championships. #feverlove

ROSTER

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UNIVERSITY OF OREGON

FUGUE /// EUGENE, OR
Captains: Bailey Zahniser, Lily Herd, Sophie Darch
Coaches: Lou Burruss, Katie Weatherhead, Danielle Hirsch

Oregon has had a women’s team since the mid-80s and has had streaks of success over the past three decades. Oregon Fugue has a history of Callahan winners with Jody Dozono in 1999 and Chelsea Dengler in 2003, and Julia Sherwood placing in the top five in 2010. Since then, Fugue has been a big competitor at Nationals, placing first in 2010 and third in 2009 and 2012. Fugue also has a history of fielding former USA Junior Worlds team members and has been successful at major tournaments year-round such as Stanford Invite, Presidents’ Day and Centex in the past few years.

Fugue /fyūg/ noun 1. a dream-like state of loss of one’s identity that is usually coupled with flight from one’s usual environment. 2. a musical term to describe a short melody introduced by one part and successively taken up by others.
## WOMEN’S TEAMS

### UNIVERSITY OF OTTAWA

**GEEGEES /// OTTAWA, ON, CANADA**
Captains: Kaylee Sparks, Jahleel Bonaobra, Pascale Charette
Coach: Kathryn Pohran

The GeeGees women’s ultimate team started in 2004 and has been progressing ever since. We’ve stomped grounds in both Canada and the United States to play against great competition and grow our school’s ultimate program. We’ve had our share of big names on the team, but regardless of stars, we have been crowned the Canadian National champion three times and have made appearances at the USAU College Championships for five of the last six years. We play our best when we play together; the team is dedicated, and our off-field chemistry plays a huge role in how we’re able to perform as a unit. This year is only building for bigger and better things to come! Yee-haw, giddy up GeeGees!

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### STANFORD UNIVERSITY

**SUPERFLY /// STANFORD, CA**
Captains: Michela Meister, Hilary Vance, Allison Fink
Coaches: Robin Knowler Davis, Jamie Nuwer, Jenny Wang

With seven National Championships and multiple other finals and semifinals appearances, Stanford Superfly is one of the most storied programs in college ultimate. At the core of Superfly’s success is Robin Knowler Davis, who returns this year to coach her 12th consecutive season alongside alumnae Jamie Nuwer and Jenny Wang.

This year’s team is small and mighty and plays for each other and the love of the game. With a strong sense of work ethic, discipline and accountability, Superfly 2013 looks to win as many games-to-three as possible in Madison.

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UNIVERSITY OF TEXAS

MELEE /// AUSTIN, TX
Captains: Shereen Rabie, Kayla Ramirez
Coaches: Sarah Blyth, Amy Kendziorski, Benjamin Garrett

Making their ninth appearance at the College Championships this year, Texas Melee is carrying a long history of competitive women's ultimate. The team was founded in 2000 under the name “Lady Marmalade” and then changed its name to Melee in 2003. The team placed third at the 2005 College Championships and fifth at last year's tournament. Melee is hoping to represent Austin ultimate as well as the South Central region with pride and are coming in to Madison with one motto: “It’s all about Melee!”

TUFTS UNIVERSITY

EWO /// MEDFORD, MA
Captains: Hailey Alm, Claudia Tajima, Margot Lieblich
Coaches: Sangwha Hong, Meriden D’Arcy, Josh McCarthy

The Tufts Ewo (Elephant Women) were established in 1981 and have always maintained the ability to have fun while playing ultimate at a high level. After tying for third place at the 2012 College Championships, the 'Wo are excited to be back at Nationals to compete with the best women's teams in the country. This season, the 'Wo competed at Centex in the preseason, where hard work translated into placing third in Division I. Over the past four years, the Tufts ultimate program has taken off with a combination of young talent coming in to the program and dedicated coaching. The Ewo hope the strength of their program only continues to increase as they attract more attention to the Northeast and Tufts University.
**WOMEN’S TEAMS**

**UNIVERSITY OF VIRGINIA**

**HYDRA /// CHARLOTTESVILLE, VA**

Captains: Katrien Hinderdael and Mary Kelly  
Coaches: Manu Argilli, David Allison

From the early 80s, Virginia Women’s Ultimate has been a growing program. This has included the development into a nationally competitive A team and the addition of a B team. Last year, captains Shannon McVey and Devon Ericksen led Hydra to its first AC Regional Championship in nearly 10 years. This year, Coaches Manu Argilli and David Allison, along with captains Mary Kelly and Katrien Hinderdael, have led Hydra to its second AC Regional Championship in a row. They’ll be heading to Madison, Wis., with the hopes of representing the AC Region well for the third year in a row at Nationals.

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<td>37</td>
<td>Bailey Kilmer            So</td>
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<td>47</td>
<td>Amanda Kostic            Sr</td>
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<tr>
<td>83</td>
<td>Tanya Dodgen             Sr</td>
</tr>
<tr>
<td>88</td>
<td>Jeena Huneidi            Gr</td>
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</table>

**ELEMENT /// SEATTLE, WA**

Captains: Sarah Davis, Alysia Letourneau, Lucy Williams  
Coaches: Kyle Weisbod, Moses Rifkin, Jillian Goodreau
WOMEN’S TEAMS

WHITMAN COLLEGE

SWEETS /// WALLA WALLA, WA
Captains: Beth Daviess, Julia Bladin, Kelley Hall
Coach: Jeremy Norden

Four years ago, the Walla Walla Lady Sweets were a team who could, on a good day, only muster five-on-five at practice. This year, we began what looks like our most promising season yet as a fierce, fighting formation of 25 strong. Our team voted unanimously to strive for D-I Nationals instead of D-III. With that goal in mind, we traveled to Austin, Texas to compete at Centex and were tested by strong unknown teams. Last season, we placed fourth in D-I regionals, playing in the game to go to D-I Nationals against UBC. At this year’s Regionals we came with a new focus and intensity and pushed our way to break seed and nab the last bid to Nationals. We are not only a group of individually committed players, but a passionate team determined to continue playing fiery and fun ultimate.

ROSTER

2 Emily Ford So 5’2” 19
3 Martha Russell Sr 5’4” 21
4 Corinne Pingul Jr 5’6” 20
6 Jessica Shatkin So 5’4” 20
7 Ari Lozano Fr 5’5” 18
14 Serena Sanders So 5’11” 20
9 Brenna Bailey Fr 5’5” 19
10 Julia Bladin So 5’6” 20
11 Lillian Bailey Sr 5’5” 19
12 Kate Benjamin Jr 5’10” 21
16 Julia Gesensway Fr 5’4” 19
17 Rachel Reiter Sr 5’7” 21
19 Carly Busch So 5’5” 19
20 Dana Fong Sr 5’5” 22
21 Celine Valentín Jr 5’6” 21
22 Lacy Clark Sr 5’9” 22
23 Jessie Austin Fr 5’9” 18
31 Natalie Jamerson Sr 5’8” 21
35 Maura Barstead Jr 5’5” 21
42 Elissa Piccozi Fr 5’3” 19
54 Marlena Sloss Fr 5’3” 19
67 Kelley Hall Sr 5’5” 21
88 Beth Daviess Sr 5’7” 21

UNIVERSITY OF WISCONSIN

BELLA DONNA /// MADISON, WI
Captains: Rebecca Enders and Amelia Cuarenta
Coaches: Alex Snyder, Georgia Bosscher, Rachael Westgate

Once, there was an ultimate team. They called her Bella Donna. Her history was as long as her wily hair. Some knew of the legend, passed down from generations past, some had heard only whispers of her greatness, and others yet were completely oblivious to her power. Each year, she developed a collection of individuals to embody her symbol—to manifest the grit, heart and talent she represented. These would be her task force, ready to do work.

Where did they all come from? Was it love or fear that brought them to her? Or was it just an annoying friend? It is hard to say for sure. In the end, 24 women stand behind her, fighting for her—fighting for each other. Their path had been fraught with battles, both victorious and not, and still they forged ahead. Their persistence has carried them through it, and they’ve emerged—with a few cuts and bruises—on the national stage, ready to keep fighting, fueled by the support of alumni, friends, family, community and the strength of each player on the team.

ROSTER

3 Biz Cook Sr 5’9” 22
4 Lorraine Guerin So 5’8” 19
11 Brittany Bergen Sr 5’7” 23
12 Rebecca Enders Sr 5’11” 22
13 Anna Shanedling Sr 5’4” 23
14 Anna Hrovat-Staedter Fr 5’6” 19
16 Alix Ellis Jr 5’8” 22
17 Kathryn Herbers Sr 5’8” 22
18 Adrienne WelsSr 5’6” 21
20 Jenna Lynne Gr 5’5” 23
21 Jess Zahn Gr 5’2” 24
22 Rose Lundy Fr 5’7” 19
24 Lauren Roach Fr 5’10” 18
27 Leslie Boey Fr 5’6” 19
31 Sara Scott Sr 5’4” 21
33 Erin Newman Sr 5’7” 21
34 Marissa Paulson So 5’6” 20
39 Sydney Dobkin Sr 5’5” 22
40 Amelia Cuarenta Sr 5’6” 22
44 Hannah Frank So 5’8” 20
UNIVERSITY OF ARIZONA

SUNBURN /// TUCSON, AZ
Captains: Brice Dixon and Sean Ham
Coach: Juan Castro

Sunburn was founded in the late 1990s but did not gain traction until a group of high school ultimate players from Arizona came together to build the program to what it is now. In 2008, when these students were seniors, the team qualified for College Nationals for the first time. They tied for fifth place and gained the attention of a new class of high school players (Dixon, Smith and Lien). The 2009 freshman class has been leading and growing the team for the last four years, cultivating homegrown superstars like Sean Ham and attracting standout graduate student players such as Lien, Weigand and McClintock. Sunburn has just come off of its most successful season ever and is excited to compete at the highest level.

RASTER

00  Jack McLain  Jr  6’1”  21
02  Sean Ham    Sr  6’0”  21
03  Brice Dixon  Sr  5’9”  22
04  Daniel Guyll Jr  5’10”  21
05  Stephen Lin  Gr  6’2”  25
06  Nolan       Schmalenberger Jr  5’9”  21
07  Alex Smith  Sr  6’1”  21
08  Sam Quimet  Jr  5’10”  21
13  Jacob Lien  Sr  5’11”  21
14  John Patinella Fr  6’2”  19
16  Kyle Weigand Gr  5’11”  23
17  Seth Stephens Sr  6’0”  22
18  John Perkin Jr  6’6”  20
19  AJ Garnello  So  6’5”  20
24  Ben Lacy    So  6’2”  20
29  Marshall Crawford Fr  6’5”  18
32  Tom McClintock Gr  6’1”  24
33  Reilly Cleeal So  5’10”  20
36  Ryan Lacy   Sr  5’11”  21
45  Ryan Fullemna Jr  6’3”  20
56  Chris Metz   So  6’0”  19
87  Alex Schoonmaker Jr  6’1”  21
92  James DeVore Jr  5’7”  21

UNIVERSITY OF CALIFORNIA - DAVIS

DAVIS DOGS /// DAVIS, CA
Captains: Elijah Kerns, Nathan White, Patrick Lahey
Coaches: Kevin Cissna, Taylor Lahey

The Davis program has given rise to many great players, including Steve Joyce, Jeff Eastham, Allen Thoe, Taylor Lahey, Ashlin Joyce, Robby Merk and many more. Dedicated coaching from past leadership (Kevin Cissna, Mike Sintetos, Doug Huesby, Eric Halverson, Greg Marliave and Will Griffin) has matured the Davis program into what it is today.

In the past, Davis ultimate has been spirited and (relatively) non-confrontational, but some would have perhaps described it as lacking “killer” instinct. Though dedication, talent and passion were never lacking, the Davis program has struggled to post the results their impressive list of alumni would suggest. This was in part due to competitive programs like Stanford and Berkeley holding the national spotlight.

With a ton of passion and perseverance, the many great players the Dogs have produced and the dedicated coaching staff came together to propel the Davis Dogs into their recent success. After technically not qualifying for Regionals in 2011, the Dogs were given a spot and regrouped to tie for fifth, placing higher at regionals than at the Conference Championships. In 2012, the Dogs qualified for their first-ever College Championships, and this year we’re returning with a Regionals win under our belts. From the distant past to recent results, the story of the Davis program is a story of an underdog, growing and strengthening with determination and grit.

ROSTER

4   Greg Finkelstein Sr  6’0”  21
6   Nathan White Jr  6’5”  21
7   Benjamin Souvey Fr  5’11”  19
11  Kevin Liantono Jr  5’9”  20
12  Elijah Kerns Jr  5’11”  21
16  Mark Miller So  5’11”  20
17  Bradley Santi So  5’8”  19
19  Sean Frawley Jr  5’10”  20
21  Samuel Asin Fr  5’9”  19
22  Marcelo Sanchez Sr  6’1”  21
23  Steve Purugganan Fr  5’6”  18
27  Kramer Straube Gr  6’4”  23
30  Keean Joye So  5’11”  19
31  David Hwang Jr  5’9”  20
36  Michael Norcia Jr  5’9”  21
44  Orion Edwards Jr  6’2”  20
52  Patrick Lahey Sr  6’1”  21
62  Joe Butler Jr  5’11”  22
74  Ben Hubbard Gr  6’4”  23
77  Darren Brodowy Fr  5’8”  18
OPEN TEAMS

CARLETON COLLEGE

CUT /// NORTHFIELD, MN
Captains: Julian Childs-Walker & Simon Montague
Coach: Phil Bowen

Since they first qualified for the College Championships in 1990, the Carleton Ultimate Team has appeared in 14 semifinals, advancing to the finals six times and winning three National Championships. In 2013, CUT has their sights set on returning to the finals, relying on their disciplined offensive philosophy and stingy defense.

CUT returns 17 players from 2012, and their early-season work at Florida Warm Up, Stanford Invite and Easterns helped pave the way to second-place finish in the strong North Central Region. CUT looks to have the pieces in place to peak at the right time and make a run deep in the Nationals tournament to win a fourth title.

CUT enjoys the support of the Carleton ultimate community with 70+ CUT alumni returning each spring for the annual alumni game. This weekend of bonding and competition reminds CUT of the tradition and history of the Carleton program and helps the team focus on what’s important.

ROSTER

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<td>24</td>
<td>Russell Hanson</td>
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UNIVERSITY OF CENTRAL FLORIDA

DOGS OF WAR /// ORLANDO, FL
Captains: Michael Hickson, Michael Ogren, Garrett Pelton
Coaches: Andrew Roca, Quint Wharton, Matt Reedy

Dogs of War started in the mid-80s, revamped in the early 2000s, finished in fourth place at Sectionals 2006 behind National Champion Florida, semifinalist Georgia and quarterfinalist Georgia Tech. We went through a rebuilding phase after the departure of Bill Igar, Cameron Amey and other great players in 2008 when we placed 17th in the nation, coached at the time by Shane Stewart. Bill Igar came to coach a rebuilding squad in 2009 and 2010. We won our first tournament in 2010 (Southerns). Andrew Roca coached after graduating in 2010. The Dogs came closer to Nationals with wins over Florida in 2011 and a 23rd place finish overall. Last season, the Dogs were in the finals of every tournament they attended. We went to Nationals for first time in team history in 2012 and ended tied for fifth place after getting knocked out in quarterfinals by Carleton.

ROSTER

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<td>John Collingwood</td>
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<td>Stuart Little</td>
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MAMABIRD /// BOULDER, CO
Captains: Tim Morrissy, Jimmy Mickle, Chris Bubernak
Coaches: Jim Schoettler, Brent Zionc, Jack Mcshane

2013 marks the 16th consecutive year Mamabird has qualified for the College Championships. This year, Bird returns a strong core of 15 seniors and grad students who have come through the program together for the past 4+ years. This group is complemented by an athletic group of younger players, who have proven to possess the ability to show up the veterans. After a disappointing pre-quarters loss last year, the team focused on getting better by gaining valuable club experience and redeveloping their work ethic and team mentality. So far, the season has had ups and downs to say the least, but Bird is feeling optimistic about their ability to peak at the right time. Mamabird won the championship in 2004; made it to the finals in 2009, 2007, 2005 and 2001; and made it to the semifinals in 2011, 2008, 2003 and 2000. This year, Bird hopes to join the 2004 team in championship history.

ROSTER

0 Mark Rauls Fr 5'6" 19
1 Matt Robinson So 6'0" 20
2 Chris Bubernak Gr 6'1" 23
9 Hidde Snieder Sr 6'3" 22
6 Stu Barnes Sr 5'10" 23
7 Noah Baker Gr 5'7" 23
8 Pawel Janas So 5'10" 20
9 Pete Gleason Jr 6'1" 22
12 Tim Morrissy Sr 5'11" 22
15 Dennison Bechis Sr 5'10" 22
17 Tristan Voss So 6'0" 19
18 Phil Sun Sr 5'8" 22
20 Jack Barrow Sr 6'0" 23
21 Wesley Chow Fr 5'10" 19
22 Zach Zebarth Sr 6'0" 22
23 Jimmy Mickle Sr 6'3" 21
24 Jackson Kloor Gr 6'1" 22
26 Stanley Peterson Jr 6'1" 19
27 Andrew Commander So 6'1" 19
28 Oak Nelson Fr 6'0" 18
29 Matt Gleason So 5'9" 19
32 Kevin Johnson Jr 5'10" 21
35 Todd Wolma Sr 6'1" 22
36 Gabe Stump Gr 6'0" 23
42 Matt Bubernak So 5'8" 20
44 Jesse Fisher So 6'0" 20
45 Brian McDonald Gr 6'1" 24
63 James Mitchell Gr 6'2" 22
77 John Kears Gr 6'0" 23
80 Jeremy Harker Fr 6'2" 19
83 Zach Nager So 21

CORNELL UNIVERSITY
BUDS /// ITHACA, NY
Captains: Adam Salwen, Aiden Forsi, Jake Stevelman
Coaches: Nathan Salwen, Neil Butler

Forty years ago, USA Ultimate Hall of Famer Jon “JC” Cohn came to Cornell and founded the Buds. Over those forty years, the Buds became one of college ultimate’s strongest programs, capable of consistently churning out strong players and teams. This year, the Buds are making their eighteenth Nationals appearance (over half of all the Nationals there have ever been!), on top of winning the Metro East Regional Championships for five years running. The Buds are excited to continue the tradition of great ultimate this year and are looking forward to where the team will be in another forty years.
DARTMOUTH COLLEGE

PAIN TRAIN /// HANOVER, NH
Captains: Daniel Rosengard, Ian Herrick, Cecil Qiu
Coach: Brook Martin

The Dartmouth Pain Train began from humble roots back when there were no backs to the end zone*. Our name originated not from our forays into the world of heavy metal Train cover bands but instead from the inimitable Terry Tate — office linebacker of 2003 Super Bowl Reebok commercial fame. Whether or not Reebok responds to our sponsorship requests**, the Pain Train and Terry Tate share a number of qualities in common: a strong sense of discipline, a 6’4” frame, unbridled aggression***, and a big heart. Coached by Dr. Brook Martin, PhD — who has more national and world championship rings than fingers**** — we brave the cold winters and cold falls and kind-of-nice springs of New England to hone our game. Our strengths are our ability to score goals and throw them as well. We’re pumped to be here. Woo woo.

*Until a natural obstruction such as railroad tracks or a bush.
**The offer is still on the table!
***Not really.
****If those were a thing in ultimate.

ROSTER
2  Spencer Diamond Jr  5’9”  21
3  Ian Engler Gr  6’1”  22
4  Daniel Rosengard Sr  6’0”  22
5  Andrew Pillsbury So  6’3”  20
7  Scott Sottosanti Gr  6’4”  23
8  Peter Lobel Fr  5’10”  19
9  Brett Szalapski So  5’9”  20
10  Sam Hills So  5’10”  20
11  Arthur Bledsoe Jr  5’10”  20
12  David Clemens-Sewall Jr  6’0”  20
13  Richard Lange Sr  6’4”  21
15  Caleb Ladue Jr  6’3”  21
16  Henry Frost So  6’1”  19
17  Sean Howe Fr  5’10”  19
18  Nathan Lehrer Jr  5’11”  20
20  David Friedman Fr  6’0”  18
21  Daniel Harris Jr  6’1”  21
22  Gerben Scherpbier Jr  6’5”  20
23  Jon Xu So  5’9”  19
24  Ian Herrick Sr  5’9”  22
25  Sean Griffin Jr  5’10”  21
28  Cecil Qiu Sr  5’11”  22
37  Thomas Balch Gr  5’10”  20
50  Sean Darrow Sr  6’2”  22
77  Matthew Heffley Gr  6’0”  22

FLORIDA STATE UNIVERSITY

DUF /// TALLAHASSEE, FL
Captains: Jordan Huston, Chris LaRocque, Michael Cicconi
Coach: Peter Van De Burgt

DUF was originally founded in 1975 as a disc games club at FSU. In the late 80s and early 90s, the team began competing at ultimate tournaments. Since reaching Nationals in 1996, DUF has stayed in relative obscurity. Throughout the 2000s, the squad was always competitive, but never able to make a break through. After bringing in Coach Peter van de Burgt, the team started making huge strides towards becoming a national-caliber squad and finished fourth at Southeast Regionals in 2012, the highest finish for DUF in 10 years. This year, DUF started hot with a 12-0 fall record and a second-place finish at Santa Barbara Invite. After finally reaching the College Championships, DUF gets one more shot at taking down some of the game’s best.

ROSTER
2  Bobby Patterson So  6’1”  19
3  Andrew Roney So  6’0”  19
5  Cory Logan Sr  6’1”  25
7  Clark Cofer Sr  6’0”  20
8  Matthew Norris Sr  6’2”  22
9  Al Newberry Sr  5’11”  21
10  James Koerner Sr  5’10”  20
11  Ben Stringer Gr  5’9”  22
12  Wayde Voss So  5’5”  20
15  Morgan Stanley Jr  5’8”  21
17  Jason Holleran Jr  6’3”  20
18  Chris LaRocque Jr  6’2”  21
21  Michael Cicconi Sr  6’3”  23
22  Ryan MacFadyen Sr  5’11”  21
23  Peter Van Brussel So  6’3”  19
25  Cole Friedes Fr  5’11”  19
27  Connor Holcombe So  5’11”  20
28  Drew LaRocque Jr  6’1”  22
33  John Patterson Gr  5’10”  24
39  Jordan Huston Sr  5’9”  23
42  Brian Toups So  5’10”  20
46  Brian Phillips So  6’3”  20
56  Sam Stewart Gr  6’3”  25
99  Gabe Bidet Jr  5’9”  21
JOAH /// ATHENS, GA
Captains: Max Leonard, Cameron Macke and Javid Aceil
Coach: Ben Gray

Joah was founded in the early 1980s by Ronald Reagan. Our last great conservative president’s experiment has produced a legacy of totally rad dudes that have been playing ultimate at the highest levels ever since. Qualifying for Nationals 15 times since 1986 with a team best of reaching semifinals in 2006. The last time Joah went to Nationals was 2010.

This year’s team is an enigma to everyone after a season featuring mediocre early results, weather-cancelled tournaments, a 17-2 run coming into Nationals and a second-place finish at Regionals that, to many outside of Athens, Ga., was unexpected.

Joah has embraced the wild nature of their season, and the team is looking to generate more results that will leave the nation confused but excited.

RED LINE /// CAMBRIDGE, MA
Captains: Misha Herscu, Allen He, William Dean
Coach: Michael MacKenzie

Founded in 1976, Harvard Men’s Frisbee has been a consistent presence in New England since the early 90s. HMF donned the name Red Line in 2000 and has since evolved into a perennial regional contender. Last year, Harvard picked up former Red Line captain Mike MacKenzie as their new coach. A cool head on the sidelines, he insightfully implemented a deep roster to great effect as injuries and merciless stomach viruses plagued key players at Regionals, taking Harvard to Nationals after a one-year absence for our fifth appearance in eight years.

This year’s team brings together a potent mix of veteran leadership with experience at the national level, including captains Misha Herscu and Allen He, along with young talented players like Jeremy Nixon and Mark Vandenberg. Talented grad student pickups like former Tufts and all-region cutter Piers MacNaughton add considerable dynamism to the roster. The team looks forward to testing their surgical offense and relentless defense against college ultimate’s best at the Championships.

Like many Red Line teams before us, we are on a Vision Quest, a journey to climb that wall, date that drifter, and grab our share of the glory. All we ever settled for was that we were born to live and then to die; we’ve gotta do it alone, each in his own way. And I guess that’s why we gotta love those people who deserve it like there’s no tomorrow. ‘Cause when you get right down to it…there isn’t.
LUFDA /// DECORAH, IA
Captains: Josh Johnson, Trent Erikson
Coaches: Reid Wilson, Sean Breaux

LUFDA has existed since 2003 and is celebrating its 10-year anniversary this season. Our team’s first trip to Nationals was in 2009 followed by appearances in 2011, 2012 and 2013. Since its inception, LUFDA has grown from a relaxed intramural-type club into a hard-working, intense and objective, driven team. With many of our current and former players having never played the game of ultimate before their arrival at Luther College, LUFDA has pushed itself to learn every aspect of the game and be the best at it, focusing on speed and athleticism as well as fundamental skills and strategy.

ROSTER

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UNIVERSITY OF NORTH CAROLINA
AT CHAPEL HILL

DARKSIDE /// CHAPEL HILL, NC
Captains: Justin Moore, Marshall Ward, Tristan Green
Coaches: Mike DeNardis, Matthew Scallet, Ryan Nation

Darkside began in the fall of 1993, when a couple of freshmen at UNC got together with the idea of forming an ultimate team. By 1995, Darkside had qualified for its first regional tournament. In 1999, Darkside qualified for its First-ever berth to Nationals. In 2000, the team won Sectionals and Regionals on the way to a second Nationals bid.

With growing interest in the sport of ultimate, a B team was created on campus, (B-atCH) in 2007. In 2001, Darkside again qualified for Nationals and established itself as a perennial regional power. 2002 was a rebuilding year as Darkside failed to qualify for Nationals.

Darkside has been to Nationals three times before this year, in 2005, 2007 and 2012. This year we returned 17 of 24 players. Beyond these superficial accolades exists a collection of upstanding young gentlemen. Darkside is best described as a group of gentlemen whose dashing good looks and unflappable southern charm are outweighed only by their razor-sharp disc skills, breathtaking athleticism and blinding, white-hot competitive fire. More important still is their propensity for camaraderie. Like soldiers headed to war, they must rely on each other and trust each other. Being placed in competitive situations such as these creates an environment where a tight-knit sense of brotherhood is not just commonplace, it is inevitable.

ROSTER
0 Aaron Warshauer Fr 6'2" 19
1 Tristan Green Sr 5'6" 22
3 JD Hastings Fr 5'8" 19
4 Mike French Jr 5'8" 21
5 Justin Foster So 5'9" 20
6 Adam Carr Sr 6'1" 21
7 Nick Deluga Sr 6'4" 22
9 Jacob Mouw Jr 6'3" 20
11 Justin Moore Gr 6'1" 27
12 Drew Chandler Jr 5'10" 21
14 Kartik Sethuraman Sr 5'10" 22
15 Vikram Sethuraman Fr 5'10" 19
17 Schuyler Kystra Sr 5'10" 21
18 Dain Nielsen Fr 5'10" 19
20 Charlie Shaffner Jr 6'3" 21
21 Nate Warden Jr 6'0" 21
23 Jimmy Zuraw Jr 6'2" 20
24 Jonathan Nethercutt Jr 6'2" 21
27 Jackson Tambor Fr 6'0" 18
32 Christian Johnson Jr 6'2" 21
37 Jonathan Aycock Fr 5'10" 19
51 Timothy McAllister So 5'11" 19
76 Marshall Ward Sr 5'10" 22
77 Ben Snell Jr 6'3" 21

UNIVERSITY OF NORTH CAROLINA - WILMINGTON

SEAMEN /// WILMINGTON, NC
Captains: Tommy Lamar & Trueman Nottingham
Coaches: Greg Vassar, Brian Casey, Tully Beatty

The UNCW Seamen were founded in 1988 and have won 10 sectional titles and seven regional titles, been a finalist twice, and won one National Championship. They have been known to play a physical, intense and grinding style of play. A blue-collar team from the coast, the Seamen rely on their mental fortitude and relentlessness to compete in big games. Led by Tommy Lamar on offense and Mark Evans on defense, the Seamen are happy to return to Madison once again to compete for a national title.

ROSTER
1 Charlie Lian So 5'11" 19
2 Gabe Fuller Jr 5'10" 20
3 Tommy Lamar Sr 6'4" 23
5 Wilkin Hanaway Jr 5'8" 21
7 Trip Brightwell Sr 6'1" 21
8 Chris Hetem Sr 5'10" 22
10 Luke Hancock So 5'10" 19
11 Jack Williams Fr 6'1" 18
12 Robert Goode Sr 5'9" 22
13 Alan Gruntz Sr 5'8" 23
14 Mark Evans Sr 6'1" 23
16 Thomas Terrio So 5'9" 20
20 Trueman Nottingham Sr 5'11" 22
21 TJ Kuhn Sr 5'6" 21
22 Chris LeBlanc Jr 5'10" 21
24 Nick Jackson Jr 6'0" 23
25 Jake Gallagher So 5'11" 20
27 Jeremy Jacoby Sr 5'11"
31 Zach Gostling Sr 6'8" 24
33 Austin McGarvey Fr 5'10" 19
36 Cory Morris Sr 5'9" 24
45 Chris Hopper Sr 5'10" 25
52 Ross Anthony Jr 6'3" 21
71 David Harum Jr 5'10" 21
80 Xavier Maxstadt So 6'2" 19
OPEN TEAMS

OHIO UNIVERSITY

OHIO ULTIMATE /// ATHENS, OH
Captains: Luke Eastman, Michael Juratovac, Connor Haley
Coaches: Kent Butler, Todd Grace, Andrew Foley

Ohio University qualified for the first College Nationals in 1984 and has spent many of the years since competing at the regional level. After missing Regionals in 2009, ending the longest-running qualifying streak in the section, the team recommitted to working hard and playing all year round. Players joined their local club teams in addition to an OU alumni and college student club team being formed. OU saw continued improvement in the following college seasons before finishing 21st in the final College Rankings in the 2011 season.

In 2012, Ohio committed to taking the program to the next level and performed well enough during the Regular Season to earn the Ohio Valley a second bid to Nationals. Ohio then proceeded to win the Ohio Conference Championship for the second year in a row and placed second at Ohio Valley Regionals to take the second bid to College Nationals.

In 2013, OU finished the regular season with a record of 15-4 and earned a second bid to College Nationals for the Ohio Valley Region. Ohio cruised through Ohio Conference Championships with a solid win over Cincinnati in the finals. At Regionals, Ohio fought their way to the finals where they again lost to Pittsburgh. In the backdoor game, they defeated Penn State to advance to College Nationals for the second year in a row.

ROSTER

1 Lloyd Furuta Fr 5’10” 19
2 Andrew Baumgartner Sr 6’0” 22
6 Adam Cellar Jr 6’2” 22
9 Connor Hunt Jr 5’11” 21
10 Kyle Hone Sr 5’9” 22
11 Kelley McAndrews Fr 5’10” 18
12 Mitch Chion Gr 5’11” 23
14 Mike Bruce Gr 5’9” 22
15 Logan Kruger Jr 5’10” 21
16 Mark Hritz Gr 5’8” 23
21 Connor Haley Sr 6’3” 22
23 Cameron Hirtz Jr 5’9” 21
26 Travis Neal Jr 6’1” 21
28 Mike Juratovac Sr 5’10” 23
30 Chris Page Sr 6’2” 21
33 Matt Olson Fr 6’3” 19
41 Cody Petitt Jr 6’3” 21
44 Luke Eastman Sr 6’3” 21
55 Alex Doksa Gr 5’11” 23
76 Jordan Kinde Fr 5’10” 18

UNIVERSITY OF OREGON

EGO /// EUGENE, OR
Captains: Dylan Freechild, Tyler Cable, Topher Davis
Coach: Jay Janin

In 1992, Oregon earned their one and only National Championship. As college ultimate grew, so did the men’s program at the University of Oregon. In 2003, Callahan winner Ben Wiggins led Ego back to the finals where they fell short to the Hodags. Throughout the ensuing years, Ego was competitive and made their runs to Nationals but never made it farther than quarters. 2011 was a rebuilding year with 11 new players joining the team. Ego returned to Nationals and finished as seeded after a 15-10 loss to Iowa. In 2012, Ego went 38-2 with two major tournament wins but once again had their season ended by Wisconsin; this time in the semifinals. Since having their season cancelled in 2009, Oregon has won three Stanford Invite championships, won two Centex championships, won their region three times, held the first seed overall twice, and had one Callahan winner (Eli Friedman), but have yet to make the College Championship finals.

ROSTER

2 Charlie Wilson-Moses Sr 6’2” 22
3 Ty Swain Jr 5’9” 21
5 Aaron Honn So 6’4” 20
6 Nam Yoo Sr 5’7” 23
8 Eric Normen So 6’0” 20
9 Jon Bergan Fr 6’3” 19
10 Dylan Freechild Jr 5’10” 21
11 Tyler Cable Sr 5’10” 23
12 Drew Benditt So 5’6” 19
14 Connor Williamson Fr 5’11” 19
15 Mario Bundy So 6’0” 20
17 Ian Campbell Jr 5’10” 21
19 Reilly Gardner Jr 6’2” 22
21 Gabe Fruecht Jr 6’4” 21
22 Camden Allison-Hall Sr 6’0” 24
24 Chris Becker Sr 5’11” 22
25 Nic Heath Jr 5’10” 19
27 Trevor Smith Jr 5’11” 20
32 Ben Close-Kung So 5’11” 20
44 Spencer Latarski Fr 5’6” 19
59 Topher Davis Sr 5’10” 23
66 Will Watkins So 5’10” 20
70 Chris Strub Fr 5’10” 19
77 Brian Penner Sr 5’10” 21
88 Jack Stiev Jr 5’9” 19

2013 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS 35
### UNIVERSITY OF PITTSBURGH

**EN SABAH NUR /// PITTSBURGH, PA**

Captains: Zach Kauffman, Isaac Saul, Aaron Watson  
Coaches: Nicholas Kaczmarek, David Hogan, Ari Weitzman

The University of Pittsburgh ultimate team was founded in 1998 and qualified for the College Championships for the first time in 2005. Through the tremendous efforts of many players, the program has achieved nine straight championship tournament appearances, reaching the pinnacle with a title at the National Championship in 2012. Built on pillars of hard work, constant improvement and brotherhood, Pitt prides itself on excellence in preparation and development. Pitt 2013 has been forged into a gritty, tenacious team throughout the spring season and is ready to battle in Madison.

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### UNIVERSITY OF TEXAS

**TUFF /// AUSTIN, TX**

Captains: Will Driscoll, Mitchell Bennett  
Coaches: Calvin Lin, Stephen Presley, Matthew Bierschenk

TUFF (Texas Ultimate Frisbee Friends) has been a mainstay in the South and South Central Regions for the past 13 years. TUFF went to Nationals in all but two of those years, including a semifinals appearance in 2009 led by Stephen Presley and Jeff Loskorn. Drawing upon the strong ultimate community in Austin and head coach Calvin Lin’s unwavering commitment, TUFF has been able to stay strong and consistent throughout the years.

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OPEN TEAMS

UNIVERSITY OF WASHINGTON

SUNDODGERS /// SEATTLE, WA
Captains: Duncan Linn, Julian Peterson, Connor Smith
Coaches: Gabriel Pedersen, Ray Illian

The Washington Sundodgers have seen just about everything in the last three years, but most notably, they've seen a whole lot of the College Championships. Washington has qualified three years running, 2013 season has been a feat for Washington. Due to the loss of 10 2012 Nationals contenders. The 2013 season started the 2013 season slowly. After a disappointing Stanford Invitational, including five players from the offensive line, Washington has qualified three years running, but most notably, they've seen a whole lot of the Col-

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UNIVERSITY OF WISCONSIN

HODAGS /// MADISON, WI
Captains: Colin Camp and Dayu Liu
Coach: Hector Valdivia

The UW-Madison Ultimate Frisbee club was founded in 1977. Upon creation, the team immediately began to establish a great winning tradition with nine sectional championships and five final four finish-
es in regional play. Between 1977 and 1988, the team had an overall record of 347 wins and 189 losses.

ROSTER

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Since 2002, Wisconsin Hodags have won three National titles and appeared in seven finals.

The Dave McClain Athletic Facility, opened in 1988, offered the club an opportunity to cleat-up during the winter season. Coincidence or not, it wasn’t until after 1988 that the club first qualified for Nationals.

In the spring of 1994, the “Hodags” team name was implemented and has been held to this date. Tryouts were conducted for the first time in the fall of 1988.

Since 2002, Wisconsin Hodags have won three National titles and appeared in seven finals.

37 2013 USA ULTIMATE DIVISION I COLLEGE CHAMPIONSHIPS
HEALTH AND SAFETY

Medical staff will be available throughout the event at Tournament Central. Please seek advice and assistance regarding prevention and treatment of injuries or illness. Directions to the local hospital can be found in the “Directions” section of this program.

CONCUSSIONS
• Concussions are brain injuries that can occur as a result of a blow to the head.
• Symptoms may include headache, nausea, vision problems, confusion and balance problems.
• Any blows to the head must be seen by a medical professional and evaluated for concussion symptoms before the athlete can return to play. Medical staff is on hand at the event at Tournament Central.

HEAT, NUTRITION AND HYDRATION
• Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
• Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

• Prevention and Treatment of Heat Illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – be honest! Are you fit enough to perform under current conditions?
  - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
  - Don’t drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Be sensitive to prior illness. If you’ve been sick, your body may be more susceptible to dehydration.

- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

**SIDELINE SAFETY**

- Spectators and equipment must stay at least 3 yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.

- If a player believes that an object on the sideline is not safe, he or she should inform Event Staff and refrain from playing until he or she is satisfied that safe conditions have been established.

- USA Ultimate and Event Staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or Event Staff, unsafe for players, staff or spectators.

**LIGHTNING GUIDELINES**

- Event Staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.

- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.

- Event Staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.

- If you can’t get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.

- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.

- Event Staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.
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USA ULTIMATE
SPIRIT OF COACHING

BACKGROUND: The role of the coach at all levels of ultimate is unique in a sport that places on-field player authority above non-player influence. As a non-player, the coach’s authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision-making process, even in the most egregious violations, will indicate to players that the coach – and not the players – has the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off the field. It is the coach’s responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

GUIDELINES:
• Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain’s clause (e.g. prohibiting zone for new teams or foot-blocking).
• Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never acceptable at any level.
• Coaches will not make calls from the sideline or offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute, coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
• Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
• Coaches will teach and give players opportunities to practice knowledge of the rules of ultimate.
• Coaches will always exhibit respect for opposing players, other coaches and observers.
• Coaches will model Spirit of the Game at all times.

SUMMARY: The coach’s goal in terms of Spirit of the Game is to create an environment where players are responsible for upholding the rules and ensuring that the outcomes of plays and games are fair.
During games at USA Ultimate Championship events where field access is restricted, teams with coaching staffs are required to have at least one Level-1 Certified coach or a coach who has attended the USA Ultimate Coaching Ethics Workshop in order for coaching staff to have player-level field access. All coaches must pass an NCSI background check, be current coach-level members of USA Ultimate and must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. All other non-player support staff, with player-level or limited field access, must read, sign and agree to abide by the USA Ultimate Coaching Code of Ethics and Spirit of Coaching Statement. Limits on number of coaches and other non-player support staff will be determined by specific event guidelines.

For more information on USA Ultimate’s Spirit of Coaching or Coaching Certification Requirements, please contact USA Ultimate Manager of Youth & Education Programs Mike Lovinguth at mike@hq.usaultimate.org, or visit the USA Ultimate website at usaultimate.org.

**Overall Disc Sports**

The Overall combines multiple disc sports and tests the player’s skills and abilities across the spectrum of disciplines.

The Overall includes seven events:
- Accuracy
- Distance
- Self-Caught Flight
- Discathon
- Double Disc Court
- Disc Golf
- Freestyle

Check out the Overall tent to learn about the events and participate in some demos!

3 DIVISIONS, 3 CHAMPIONS, 24 OF THE WORLD’S BEST TEAMS

A CELEBRATION OF CHARACTER, COMMUNITY AND COMPETITION
2013 COLLEGE CHAMPIONSHIPS
BROADCASTING THE ACTION FROM MADISON, WI

TAPE-DELAYED BROADCAST ON ESPNU (ALL TIMES EST)
WEDNESDAY, MAY 29
7:00pm – USA Ultimate College Championships Highlight Show
8:00pm – Men’s Championship Game
9:00pm – Women’s Championship Game

THURSDAY, MAY 30
1:00am – Men’s Championship Game (Re-air)
2:00am – Women’s Championship Game (Re-air)
Never stop reaching.