

## **USA ULTIMATE TRANSGENDER POLICY**

Submitted by Dave Klink, Competition Working Group, and Medical Advisory Working Group  
Approved July 2, 2016 – Board of Directors Meeting

All transgender athletes are invited to participate in USA Ultimate competition.

For youth competition, any transgender athlete may participate in accordance with his or her gender identity irrespective of the gender listed on the athlete's birth certificate or other records, and regardless of whether the athlete has undergone any medical treatment. This policy shall not prevent a transgender athlete from electing to participate according to his or her assigned birth gender.

For college, club, masters, and other non-youth-specific competition, any transgender athlete who is not taking hormone treatment related to gender transition may participate in USA Ultimate competition in accordance with his or her assigned birth gender, and

A trans male (female to male) athlete:

- Who is not taking testosterone related to gender transition may participate on an open or women's team, or may count towards the female gender ratio on a mixed team.
- Who has received medical treatment with testosterone related to gender transition may compete on an open team or count towards the male gender ratio in mixed competition, but is no longer eligible to compete on a women's team or count towards the female gender ratio in mixed competition.

A trans female (male to female) athlete:

- Who is not taking hormone treatments related to gender transition may not compete on a women's team or count towards the female gender ratio in mixed competition.
- Being treated with testosterone suppression medication related to gender transition may compete on an open team or count towards the male gender ratio in mixed competition, but may not compete on a women's team or count towards the female gender ratio in mixed competition until completing one calendar year of testosterone suppression treatment.