



**Program Description**

To provide funding for projects that promote growth in Ultimate and Ultimate Spirit, create links between USA Ultimate and local organizers, serve members' needs and inspire others to further innovation and excellence. The goal of this program is to stimulate and support innovative ideas for ways to develop the sport or implement new solutions to challenges facing the Ultimate community. Due to a high demand for funding and limited resources, the quantity awarded may not reflect the quantity requested. Materials and equipment purchased with grant funding MUST remain the property of the program and not the individual participants.

**Application Details**

- o Applicants must use the current application form [www.usultimate.org/resources/grants/default.aspx](http://www.usultimate.org/resources/grants/default.aspx)
- o Applications must be received by October 17.
- o Applicants will be notified of grant decisions by December 15.
- o Awards will be shipped by January 1.

**Guidelines and Eligibility**

- o Applicant must be 18 and a member of USA Ultimate ([www.usultimate.org/membership/default.aspx](http://www.usultimate.org/membership/default.aspx)).
- o Applications must be filled out completely. Answer questions clearly and concisely. No handwritten applications will be accepted.
- o Applications can be e-mailed, faxed or mailed.
- o USA Ultimate officials (staff and board) are not eligible for grants.
- o Funding is for programs and projects within the U.S.
- o Recipients must submit periodic progress reports ([www.usultimate.org/resources/grants/recipients.aspx](http://www.usultimate.org/resources/grants/recipients.aspx)).
- o Grants may be used to fund activities for twelve months from the date of the award. Applications that include activities scheduled prior to the date of notification will not be considered.

**PART I - BASIC INFORMATION AND PROJECT DESCRIPTION**

**Your Name (First Last):** Jane Smith  
**USA Ultimate Member ID#** 123456  
**Group/Organization::** Local Disc League and employee at YMCA  
**Complete Mailing Address:** 111 Main St, City, State, Zip  
*(grant check will be mailed here)*  
**Phone:** (111) 222-3333  
**E-mail address:** janesmith@myemail.com  
**Project Title:** YMCA Youth Ultimate Session  
**Grant Request (max \$1500):** \$750

**A. Summarize your project. Don't include details or goals here. Provide a brief description, hitting the main points, which will give outsiders an idea of the overall concept. (one paragraph)**

We will develop a program and layout the plan for implementing an Ultimate class for youth at local YMCA's. Working with the Sports Director at the YMCA, we will make two pilot sessions available during the summer. After determining what resources can be used from the YMCA, we will develop the remaining materials and resources needed to complete the program. After running the pilot classes, we will evaluate the program, make necessary changes, and run two more session in the fall. We will then package all of the materials into a "YMCA - Start a Youth Program Kit" that can be distributed for anyone to use. The kit will include step by step instructions on how to start a program at the YMCA along with a curriculum outline and any necessary resources and materials.



**B. Primary goals/objectives of this project?**

- 1) To start an Ultimate program at our local YMCA which will introduce the sport to youth in the community;
- 2) Make the program sustainable by involving youth parents as is done in so many other sports;
- 3) Produce a "kit" which will include everything one needs to get a program like this started at their YMCA;
- 4) Take advantage of an organization that is large, in every community and can reach a lot of people. We want to rely on them to help market the program and eventually see the Ultimate program spread to other Y's.
- 5) Distribute/make the kit available to people in the greater community so that they can implement the same program at their local YMCA.

**PART II – POTENTIAL FOR COMPLETION**

**A. Provide a complete timeline of events for the funding year. Include specifics as to when you will start, when and what are the project milestones, and when you anticipate completing the project.**

January - Establish details of pilot program. Provide program description to YMCA to be included in program and paper flyers distributed to students in the school district

February - Develop outline of a curriculum for the pilot program.

March - Order/purchase necessary materials (discs, etc).

April - Recruit coaches to help teach the program. Meet with coaches to go over and fine tune the curriculum. Discuss teaching methods; provide general guidelines to promote consistency.

May - Be sure everything is in place. Confirm coaches, put together materials, check details with YMCA. Determine method/s for evaluating the program.

June - First pilot sessions (1 class running once a week for 4 weeks).

July - Second pilot sessions (1 class running once a week for 4 weeks).

August - Meet with coaches, review/discuss evaluations. Make changes to improve the program.

September - Run a fall session (1 class running once a week for 4 weeks).

October - Second fall session (1 class running once a week for 4 weeks).

November - Have a designer to put curriculum and written materials together in a manual. Project will be complete by end of November.

**B. In order to move forward with this project, what logistics have been or need to be confirmed (besides grant funding)? Please describe.**

- 1) Approval to run an Ultimate program at the YMCA: We have already received permission from the Sport Director at the YMCA to run these four Ultimate programs through the YMCA this year.
- 2) Volunteers/Coaches: The people on the project and coaches for the sessions have already committed. There are no other logistics that need to be confirmed before we can begin with the project.

**C. How many people are responsible for assisting with the project and ensuring that it is successful? Include names, email, and brief description of responsibilities.**

4 people are involved in this project.



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- 1) Jane Smith, janesmith@myemail.com; Jane will be sure that what we are developing will fit within the structure of Y programming. She will write up the program descriptions to go in the catalog, be sure the program is marketed in the school literature and website and help us meet the necessary deadlines for including the Ultimate sessions in the summer program.
- 2) John Smith, johnsmith@myemail.com; John will write the curriculum for the program.
- 3) Jerry Smith, jerrysmith@myemail.com; Jerry will put together the kits and order the additional materials needed for the program.
- 4) Jill Smith, jillsmith@myemail.com; Jill will coach the programs and find additional coaches to assist.

**D. Describe very specifically how funds will be used (include amount, description, and details).**

- \$200 Discs = need 10 discs per session, running 4 total sessions = total of 40 discs. Local disc organization will sell us old league and tourney discs for \$5/each.
- \$50 Design & printing of flyer to hand out to participants to provide more info about USA Ultimate, event & memberships offered through the organization and how to get involved beyond this program
- \$300 Designer/Editor fees for finalizing the curriculum into a professional manual format
- \$200 Stipend for coaches to teach each session: \$50 x 4-4 week sessions (=about \$10/hr)
- YMCA to provide remaining resources and materials (pennies, fields, cones, marketing on website and flyers to students)

### PART III – USEFULNESS TO COMMUNITY

**A. Who will this program impact? Current players, the non-Ultimate community, grassroots or elite players, under-resourced communities, males, females, youth, adult, etc?**

This program will target the non-Ultimate community. Participants will include youth boys and girls as well as their parents.

**B. How many people will this program impact in the first year? And after that?**

We expect to get 10 people per session. We are planning on running 2 summer sessions and 2 fall sessions. So 10 people x 4 sessions will be 40 people.

After the fall session we plan to provide documentation for a complete guide for how to start a YMCA program. Once this is made available to other communities, the impact will be much greater. If 10 communities start a YMCA program each year, this project could assist with introducing the sport to 100 or more people each year.

**C. What are your plans beyond the initial year? Are there plans for making this a sustainable program, spreading this concept to the greater community, documenting the process, etc?**

Once we have completed and revised the session plan and curriculum, we will provide a detailed outline for how to start a YMCA Ultimate program as well samples of all the materials and curriculums and descriptions. This information will be provided to USA Ultimate for our final report. Our hope is that this information can be made available to other parties that are interested in starting an Ultimate program at their local Y.

Also, one of the sessions we are running each month is a parent/child class. The idea is to get parents



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involved. This will be fun for the families as well as a tool for recruiting parents to get involved with coaching the YMCA classes. Our hope is that by getting parents involved, eventually this class can run on it's own without the involvement of the local Ultimate organization.

After the initial year of the program, ideally a handful of communities would begin a Y program in their community each year. Utilizing the structure and marketing capabilities of the YMCA, this has the potential to spread Ultimate into communities everywhere.

### **PART IV - NEED**

#### **A. What is the likelihood of you realizing this project without the grant?**

About 50%. We have the interest from the community and could probably run the class. We don't have the funding to get the materials organized and designed into a format that can be made to look professional so that they can be distributed to other communities. We may not have the ideal amount of discs and we won't produce handouts to cut down on costs. Coaches won't get a stipend. We'll probably be able to cover our bases for a couple of sessions but won't have an abundance of help and probably won't be able to pilot 4 sessions.

#### **B. Potential roadblocks and how you plan to deal with them.**

Not enough registration to run the classes (we figure we need a minimum of 10 per class to run it successfully). Another roadblock could be if we don't get enough parents to sign up to be assistant coaches.

#### **C. Include additional details here if necessary:**

### **PART V – SUBMIT APPLICATION**

Send completed applications to the national office:

USA Ultimate  
Innovation Grant Program  
4730 Table Mesa Drive  
Suite I-200C  
Boulder, CO 80305  
Fax: 303-447-3483  
Email: [grants@usultimate.org](mailto:grants@usultimate.org)